



## UBUBASHA BW'IMITI?

Gukoresha imiti 2 Mifepristone/Misoprostol irizewe cane kandi ifasha gushika ku bice 95 gushika kuri 98% yabayikoresha mu ndwi cumi na zibiri (12) za mbere utwaye iyo nda.

## MU GIHE IMITI ITAKOZE



Umugore ashobora gusubira gufata imiti Mifepristone na Misoprostol canke bagakoresha ubundi buhinga « aspiration). Ni gake bishika wafashe imiti umwana ari mu nda agakura nabi.



Women HelpWomen

WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)

EMAIL: [INFO@WOMENHELP.ORG](mailto:info@womenhelp.org)

TWITTER: [@WOMENHELPORG](https://twitter.com/womenhelporg)

FACEBOOK: [WOMENHELPWOMENINTERNATIONAL](https://www.facebook.com/womenhelpwomeninternational)

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

WEB: [WWW.MAMANETWORK.ORG](http://www.mamanetwork.org)



## GUKURAYO INDA YANJE, VYARAKUNZE?

N'aho umugore yumva ko ata nda agifise, ni vyiza ko yosuzumisha ko inda yavuyeyo. Yogirisha igipimo kimurika mu gitereko (ecographie) inyuma yo gukurayo inda akoresheje imiti canke agakoresheje igipimo co kuraba ko ko at anda afise indwi 3 canke 4 wakoroye inda.



Umugore atava amaraso, canke azama amaraso make (ari muni ya yahora aza ari mu butinyanka kandi atabindi biyabonekamwo) canke akabona ibimenyetso vy'uwufise inda inyuma yo gufata imiti, birashoboka ko aguma afise inda. Ategerezwa kugirisha ibipimo vyo kimurika mu gitereko kugira asuzumishye ko inda ibandanye canke yavuyeyo, iyo bidakunze, ashobora gusubira gufata imiti ubugira kandi.



## INYUMA YO GUKORORA INDA



Inyuma yo gukorora inda, umugore ashobora kubandanya ava amaraso bukebuke mu kiringo c'indwi 1 gushika kuri 3, ariko umugore wese arisa. Ni vyiza ko umenya ko yavuyeyo neza.



Ntihagire nakimwe ucisha mu gihimba c'irondoka, canke kwoga canke kugira amabanga mpuzabitsina gushika aho kuva amaraso menshi bigabanuka, nk'imisi 2 inyuma yo gukorora inda ukoresheje imiti.



**Umugore ashobora gutwara inda ubwo nyene agiheza gukorora inda!** Kugira wikingire gutwara inda ubwo nyene, ata vyifuzza, n'ugukoresha uburyo bujanye no kwirinda inda utifuzza (uburyo bw'irondoka rijanye n'amagara meza).

## ORGANIZATIONAL INFORMATION

# UGUKORORA

INDA UKORESHEJE IMITI  
MIFEPRISTONE NA MISOPROSTOL  
(UBUHINGA BUFATANYE)





### BIKORWA GUTE?

Gukorara inda ukoresheje imiti bikorwa mu buryo busa nk'inda yikuyemwo yo nyene.



Umuti Mifepristone utangira progesterone, inkabuzo ikimeye cane kugira inda ikure neza, hanyuma ugatuma igitereko cakira ningoga Misoprostol.



Misoprostol ituma haza ibise, bigatuma ibifashe inda vyiyugurura, ibisigarira bakaza hakava n'amaraso.

### GUSHIKA RYARI YOKORESHWA (IYO MITI) MU GUKORORA INDA ATA NKURIKIZI?



0 >>> 12

Mu ndwi 12 zitangura ugaharura ufatiye aho ubutinyanka bwanyuma bwabonekeye.



### NI GUTE UKOresha IMITI MU GUKORORA INDA ATA NKURIKIZI?



Umugore akanye ikinini kimwe ca (1) ca Mifepristone 200 mcg n'ibinini 4 vya Misoprostol vya 200 mcg kimwe kimwe.



**Mifepristone** bakimira bakoreshaje ikirahuri c'amazi

Amasaha 24 aheze, shiramwo **ibinini 4 vya Misoprostol**



hagati y'amenyoyo hagati n'itama, **2 ku ruhande rwose**

**Ivyo binini 4 vyose bigumizwa mu kanwa iminota 30 gushika vyose biyonge.** Uwo mwanya uheze, umugore ashobora kumira ibisigarira.



### INKURIKIZI MBI ZISHOBOKA



Mu masaha 24 ufashe imiti, ibimenyesto bikurikira bishobora kuboneka : gusesemwa, kudahwa, guscibwamwo, ubushhe 38°, kumeneka umutwe canke kumenga ufise amagara make. Izo nkurikizi mbi ntiziteye ubwoba, zica zihera haciye amasaha makeya.



### HASHOBORA GUSHIKA IKI UHEJEJE GUFATA MISOPROSTOL?



Ibinyanya vyinshi n'ukuva amaraso menshi kurusha ubutinyanka,



Kuri 90%, inda ivayo ma masaha 6 yambere.



Uku inda yariko irakura, niko nokuva amaraso vyiyongera.



Imiti y'ububabare ishobora gufatwa cokimwe n'imiti ya mbere ya misoprostol. Umuti **Ibrufène** niwo mwiza. Umuti w'umutwe nka **Paracetamol** canke Acetaminophène ushoba kuwufata nk'inyongezo.



### N'IBIHE BIMENYESTO VY'INGORANE ZOSHIKA ?



Kuva amaraso menshi (udukoresheho two mu butinyanka 2 canke 3 twuzuzuye kw'isaha mu masaha 2 canke 3 akurikirana). +



Ubushuhe mbwinshi ( burenga 39°), canke 38° mu masaha 24. +



Ububabare bwinshi inyuma yo gufata imiti kandi ntibuhere wafashe imiti y'ububabare. Kutonya kwo mwezi kutakwini no kubaya



Gusesa ibintu biva mugihimba c'irondoka kandi bimota nabi.

### HOKORWA IKI HABAYE INGORANE?



**Nyarukira kw'ivuriro vyihuta**

Umugore akeneye kuvugwa, **umukozi wo kwa muganga ategerezwa kugufasha vyihuta.** Gufasha umugore yakoroye inda akoresheje imiti nico kimwe n'uko bafasha uwo inda yikuyemwo. Biragoye gutandukanye inda yikuyemwo n'iyivuyemwo hakoreshejwe imiti. Umugore akeneye kuvugwa ashobora kuvuga ko inda yikuyemwo.

