OBUKAKAFU KU DDAGALA LINO

Misoprostol kozesebwa abakyala 8 ku buli 10 okujjamu embuto nga teyetagisa bujanjabi bulala.

SINGA EDDAGALA LINO LIBA TERIKUKOZEEKO

Ddamu doozi yonna oba laba omusawo omukugu akuyambe nga akozesa kyebayita Maunual Vacuum Aspiration (MVA). Bwoba osazewo okugenda mu maaso nolubuto lwo, eddagala lino telituusa buzibu ku mwana wo mulubuto.

EKIGENDERERWA KYANGE (EKYOKUJJAMU OLUBUTO) KYATUUKIRIZZIDWA?

Wadde nga omukyala awulira nga takyalina lubuto, kyabuvunanyi-zibwa okukakasiza ddala nti olubuto luviluddemu ddala. Omukyala ateekedwa okugenda mu tivi okokeberebwa oba akyalina olubuto oluvanyuma lwa wiki 3-4 nga amaze okujjamu olubuto.

Omukyala bwaba tavuddemu musayi, oba nebweguba mutono (mutono kw'ogwo ogumuvamu nga ali musonga ate nga tegwetuzze) nga kyalaga obubonero obw'oyo ali olubuto oluvanyuma rwo'kukozesa amakerenda kisoboka okuba nga akyalina olubuto. Akubirizibwa okugenda mu ka Tiivi mubwangu ddara, akakase olubuto obaa mwemuluri oba telulimu. Kiino bwekigaana asobola okudamu nakolesa amakerenda.

OLUVANYUMA LWOKUJAMU OLUBUTO

luvanyuma lwokujjamu olubuto, omukyala assubira okuvamu olusaayisaayi okumala wiki 1-3, naye nga abakyala bwebali banjawulo, olina okukakasiza ddala nti olubuto lwavudemu.

Omukyala talina kuyisa kintu kyonna mubukyala bwe oba okwegata nomusajja, okwesonseka tampons okutuusa nga omusaayi gukendedde, waakiri okumala ennaku nga 2.

Omukyala asobola okufuna olubuto mubwangu ddala nga yakajjamu olunuto! Omukyala nga tayagala kufuna mangu lubuto, asobola okukozesa enkola eyomulembe eyekizaala ggumbaok-wewala okufuna olubuto lwategekedde.

OKUJJAMU OLUBUTO MUNGELI ETALINA BULABE NGA OKUZESA MISOPROSTOL

MISOPROSTOL, KYEKI?

Ddagala (makerenda) elikozesebwa munsi yonna okujjamu embuto, nokujjanjaba amabwa gomulubuto (alusazi). Litundibwa mu maduuka geddagala mu manya nga,-Cytotec, isovent, Misoclear, misofem, cyrux or tomispral. Mu mawanga ga Africa agasinga lyawandisibwa okujjanjaba abakyala abavamu omusayi ogususse oluvanyuma lwokuzaala.

CONTACTS

Women HelpWomen
WEB: HTTPS://WOMENHELP.ORG/ EMAIL: INFO@WOMENHELP.ORG
TWITTER: @WOMENHELPORG FACEBOOK: WOMENHELPWOMENINTERNATIONAL
MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
ADRESS: PLOT 471 BLOCK 208 P.O BOX 585 KAMPALA - UGANDA BOMBO RD KAWEMPE DIVISION, KETI FALAWO ZONE PLOT 208 BLOCK 471 NEXT LITTLE STARS EDUC CENTRE NEXT BULONDO APARTMENTS /
PHONE NUMBER: +(256) 782 413307

FACEBOOK: WWW.FACEBOOK.COM/COHERINET/
TWITTER: @COHERINET
EMAIL: INFO@COHERINETUG.ORG /COHERINET@GMAIL.COM

THE COMMUNITY HEALTH RIGHTS NETWORK COHERINET Advancing and Defending Sexual Reproductive Health Services & Rights for All

women help women

MISOPROSTOL,

AYINZA KOZESEBWA KI?

Okujjamu embuto nga tekirese bulabe
Okujjanjaba embuto ezitaweddemu
Okuziyiza okuvaamu omusayi ogususse oluvanyuma lwokuzaala oba okuvaamu olubuto
Oba okujjanjaba amabwa gomulubuto (alusazi)

LIKOLA LITYA?

Edagara Misoprostol ligaziya nabaana, negonda nga omumwa gwa nabaana bwegwegurawo, oluvanyuma olubuto lutandika okuvamu.

OSOBOLA KULIKOLESA DDI OKUJAMU OLUBUTO?

Esobola kukora mu naku kuminabiiri, okuva kulunaku olusoka lwewasembayo mu songa zabakyala.

AKOZESEBWA ATYA OKUJJAMU OLUBUTO?

Awamu, omukyala yeetaga empeke 12, zalina okozesa mu dozzi 3 nga buli dozzi yampeke 4 buli oluvanyuma lwe saawa 3

3 sawaa

Teeka empeke 4 wansi wolulimi,

30 dakika — okumala eddakika 30

Tozimira, zireke zimulunguke

3 saa — Oluvanyuma lwessawa 3, ddamu oteeke empeke 4 wansi wolulimi

30 dakika — okumala eddakika 30

Tozimira, zireke zimulunguke

3 saa — Era oluvanyuma lwessawa 3, ddamu oteeke empeke 4 wansi wolulimi

30 dakika — okumala eddakika 30

Tozimira, zireke zimulunguke

Olubuto bweruba nga teruvudemu oluvanyuma rwesawa esatu, kisoboka okweyongera dozi yemu buri luvanyuma rwesawa esatu mpaka weluvamu.

BIKI BYOSUBILA OKUYITAMU OLUVANYUMA LWOKOZESA EDDAGALA LINO?

Ebisa ebyamanyi nokuvaamu omusayi mu bukyala okusinga ku gwomukyala nga ogenze munsonga	24h — Abakyala abakozesa eddagala lino, ebitundu 80 ku buli 100, mu ssawa 24 olubuto luba luvuddemu Egganga omukyala	Iyamala nolubuto, ela nobungi bwomusaayi okweyongera

Amakerenda ga Ibuprofen agakendeza kubulumi gamilibwa wamu ne dozi esoka eya Misoprostol. amakerenda ga **Paracetamol/acetaminophen** gasobola okwongerwako.

EMBEERA GYOYINZA OKUFUNA NGA SIYA BULIJJO

24 sawaa — Oluvanyuma lwe ssaawa 24, oyinza okulaba bino wammanga. Okusindukirirwa emmeeme, okuseses-ma, okuddukana, omusujja gwekitengo, okulumwa omutwe, kamunguluze bino tebyeralikiriza, biggwawo mu ssaawa ntono nyo

OBUBONERO OBULAGA SINGA WALIWO OBULABE?

- Okuvaamu omusaayi omungi mu bukyala nga guwezza ebiwero nga 2 oba 3 buli ssaawa okusuka essaawa 2 oba 3 ezomidiliganwa. (2h)
- Omussujja oguleta ebbugumu erisuse diguli 39 oba 38 okusuka essawa 24. (39°, 24h)
- Obulumi obutakendeera mu nnaku ntono oluvanyuma lwokukozesa eddagala elikakanya obulumi oluvanyuma lwe naku nga okozeseza edagala.
- Okuva amazzi mubukyala agatali ga bulijjo ate nga gawunya bubi

OLINA KOLA OTYA SINGA OFUNA EMBEERA NGA SIYA BULIJJO?

Gendelawo mudwalilo

Singa wabaawo obuzibu bwonna, omusawo mu ddwaaliro alina obuvunanyizibwa okukuwa obujanjabi mu bwangu ddala nga bwekisoboka. Obujanjabi obulina okukuwebwa bufananira ddala obwo obuwebwa omukyala avudeemu olubuto. Kizibu okwawula olubuto lwogyemu ne Misoprostrol oba Mifeprostone noluvuddemu lwokka. Omukyala eyetaga obujanjabi asobola ogamba nti olubuto luvudemu lwoka.