ABORTION WITH MISOPROSTOL

WHAT IS IT?

MISOPROSTOL, It is a medication used all over the world to induce abortions and to treat gastric ulcers. It is sold in pharmacies under the names of cytotec, isovent, Misoclear, MisoFem, cyrux or tomispral. In most African countries it is registered to treat and prevent heavy bleeding after giving birth.

Efficacy of the Medication

Misoprostol works to terminate a pregnancy without need of additional medical care in about every 8 out of 10 women.

WAS MY ABORTION SUCCESSFUL?

Even if the woman feels she is not pregnant anymore, it is important to make sure the abortion was successful. Women should either do an ultrasound after the medical abortion or do a pregnancy test 3-4 weeks after the abortion.

AFTER THE ABORTION

After the abortion, a woman should expect light bleeding for 1-3 weeks, but every woman is different. Afterwards, the woman should confirm that the abortion was successful.

Women are advised not to insert anything into the vagina (tampons), have bath and sex until heavy bleeding stops, approximately for 2 days, after a medication abortion.

A woman can get pregnant immediately after an abortion!

If she doesn’t want to get pregnant immediately she can start good contraception to prevent a new unwanted pregnancy.

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Organizational Information

Women Help Women
WEB: HTTPS://WOMENHELP.ORG/ EMAIL: INFO@WOMENHELP.ORG

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA)
WEB: WWW.MAMANETWORK.ORG

Trust for Indigenous Culture and Health (TICAH)
WEB: WWW.TICAHEALTH.ORG EMAIL: LISTENING@TICAHEALTH.ORG

Repeat the abortion by repeating the misoprostol dose or by having Manual Vacuum Aspiration (MVA). There is a very small risk of birth defects if pregnancy continues after taking misoprostol.
WHAT CAN IT BE USED FOR?
Safely inducing abortion
Post miscarriage and post abortion care (to complete an incomplete abortion)
Preventing and treating post-partum hemorrhaging (heavy bleeding after giving birth)
Use it for gastric ulcer

HOW DOES IT WORK?
Misoprostol will cause a process similar to a natural miscarriage. It softens and opens the cervix, making the uterus to contract and expel the pregnancy.

WHEN CAN IT BE USED FOR SAFE ABORTION?
In the first 9 weeks of pregnancy counting from the first day of the last menstrual cycle.
After 9 weeks it is advised to use it under medical supervision.

HOW IS IT ADMINISTERED TO INDUCE AN ABORTION?
A woman needs 12 pills in total to be taken in 3 doses of 4 pills every 3 hours:
Place 4 misoprostol pills under the tongue for 30 minutes.
After 3 hours place another 4 pills under the tongue for 30 minutes.
After 3 hours place another 4 pills under the tongue for 30 minutes.

WHAT TO DO IN CASE OF COMPLICATIONS?
Go immediately to a health center.

WHAT ARE THE WARNING SIGNS (COMPlications)?
In case of a medical emergency, medical personnel have the obligation to attend to the person in a timely manner. The treatment for complications is the same as for complications after a miscarriage. It is not possible to see the difference between a miscarriage and an induced abortion with misoprostol. A woman in need of medical care can say she has had a miscarriage.

POSSIBLE SIDE EFFECTS
Within the first 24 hours the following symptoms may occur: nausea, vomiting, diarrhea, fever with or without chills, headache and / or dizziness. These side-effects are not dangerous and will disappear within few hours.

Excessive bleeding (2 or 3 pads filled per hour for more than 2 or 3 hours in a row)
High Fever (more than 39 Celsius), or 38 Celsius for more than 24h
Strong pain that does not go away with painkillers and few days after taking the medicines
Smelly, abnormal vaginal discharge

WHAT CAN BE EXPECTED AFTER USING THE MEDICATION?
Cramps and vaginal bleeding stronger than what happens during the menstruation
The longer the woman has been pregnant, the stronger the bleeding and cramps might be.
She can use ibuprofen or panadol to relieve the pain.