



ARURUMORU NKE OGWU A

Ime ejị Mifepristone tinyere Misoprostol dị ezigbo mma ma dị iñe iñe itoolu na itoolu na iri itoolu na asato na ọkara n'oge, iji kwụsi imē na-enweghi mkpa nke nlekota ahuike ozo n'imē izu iri mbu nke imē

O BURU NA OGWU AHU AURUGHI ORU



Tegharja imē ahu site na ijighachi mifepristone na misoprostol ma ọ bụ site na ịnweta Manual Vacuum Aspiration (MVA).

E nwere obere ihe ize ndu nke mmere nwa ma ọ bụrū na afo-ime ga n'ihi oge inuchara misoprostol.



IWEPU IME M OGARA

NKE ỌMA?

Ma ọ bụrū na nwanyị ahu eche na ọ dighi imē ozo, o dī mkpa iji hụ na nwepu imē ahu-gara nke ọma. Nwanyị kwasiri imē ihe ultrasound mgbe o wepucharara imē ahu ma ọ bụ mee nyocha imē nwa mgbe izu uka atu ma o bu ano gachara o wepuru imē.



MGBE O WEPUCHARA IME



Mgbe e wepucharara imē, nwanyị kwasiri ịtụ anya obere obara ogbugba ruo e out izu uka na izu uka ato, ma nwanyị ọ bula dī ihe. N'ikpeazụ, nwanyị ahu kwasiri l yocha hu na imē ahu gara nke ọma.



N dümodu a na e nye nwanyị bu ka ha ghara itinye ihe ọ bula n'imē ikpu (tampons), l sa ahu na mekorita nwoke na nwanyị ruo mgbe obara ogbugba kwsiri ihe dika abali abuo, mgbe l mepucharara imē ahu.

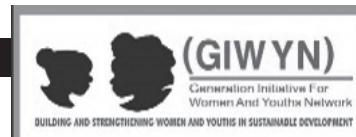


Nwanyị nwere ike l di imē ozugbo o wepucharara imē!

O buru na ochaghi l di imē ozugbo o wepucharara imē nwanyị nwere ike ibido ihe mgbochi imē iji gbochie imē ọhụ o na a choghi.



CONTACTS



Women Help Women
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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
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IJI MIFEPRISTONE
NA MISOPROSTOL
E MEPU IME
(USORO
JIKOTARA HA)





KEDU KA O SI ARU ORU

Okwu imepu ime ahụ na-eme ka usoro díka ime opupu.



Mifepristone n'ekpochi projestaron na homon dí mkpa iji nogide na-enwe ime o na-emekwa ka akpanwa nabatar Misoprostol.



Misoprostol na-akpalite ime n'akpanwa, nke na-ebute nchupu nke anụ ahụ ime, m kpuchi na obara.

KEDU MGBE A GA EJI YA WEPU IME N' UZO ZIRI EZI?



Dị ka o dí na izu iri mbu mbu nke gestation na-aguta site na ụboghị mbu nke njedebe oge ikpeazu nso nwanyi.



KEDU KA E SI ANỤ YA IJI MEE KA E WEPU IME N' UZO ZIRI EZI?



Nwanyị ga-achọ otu Mifepristone mbadamba (200 mg) tinyere 4 Misoprostol mbadamba (200 mcg o bụla)



Mifepristone a
Kwesiri ijiriri iko mmiri lo ya



Mgbachị na ọbara ogbugba dí ike karịa ihe na-eme n'oge nsọ



n'etiti agba nti ya abuo, abuo n'aka ekpe na abuo na n'akukụ aka nri.



A ghaghị ijapụ m kpuru ọgwụ anō niile
ahu n'ime ọnụ maka ihe díka nkeji iri ato iji
gbaza.



IHE MMETUTA NWERE IKE IME

N'ime awa iri abuo na anō, ihe mgbàämà ndị a nwere ike ime:
Azuzu na ukwara, ikpoakpo, afo-osisa, ahu-oku n' abughi amuma-oyi, isi-owuwa ma o bu anya-aju. Ihe nziputa ndia adighi njo o ga akwusi n'imi awa ole n'ole



IHE A GA-ATU ANYA YA MGBE A ANURU OGWU AHU?



Mgbachị na ọbara ogbugba dí ike karịa ihe na-eme n'oge nsọ



N'ihe ruru pasent iri n'ime ndi mere ya, opupu nke afọ ime na-eme n'oge awa iri abuo mbu.



Ogologo oge nwanyị dí ime, ka mgbachị na ọbara ike-ogbugba n'abawanye.



O nwere ike iji ibuprofen ma o
bu panadol mee ka ihe mgbu
kwusị.

KEDU IHE I GA EJI AMA NA NSOGBU DI (NSOGBU)?



Ọbara igbafe oke (ruo abuo ma o bụ ato akwa mgbuchi juputakwara n' obara kwa-elekere n' ihe kariri okara abuo ma o bụ ato n'awa n'ahịrị)



Oke ahu oku (ihi kariri iri ato na itolu Celsius), ma o bu iri ato na asato Celsius maka ihe kariri awa iri abuo na anō



Ihe mgbu dí egwu nke m kpuru-okwu ihe mgbu n' adighi agwusi mgbegbe ụboghị ole na ole gafere inu chara ya bu ọgwụ.



Isi ojoo puru-iche n'esi n'ikpu aputa.

IHE I GA-EME MA O BURU NA I NEW NSOGBU?



Gaa na ulọ ọrụ ahụike ozugbo.

Enwe ihe mberede ahụike, o bu ọrụ ndi ahụ ike ilebara onye ahu anya n'oge. O gwugwọ maka nsogbu a bụ otu ihe ahụ maka nsogbu mgbegbe ụboghị ole na ole gafere inu chara ya bu ọgwụ.
Ahụike nwere ike iji na o nwere ime opupu n'ike.

