Abortion using Mifepristone plus Misoprostol is very safe and is effective 95-98% of the time if taken during the first 10 weeks of pregnancy.

**Medical Abortion with Mifepristone Plus Misoprostol (Combined Method)**

**Efficacy of the Medication**

Even if the woman feels she is not pregnant anymore, it is important to make sure the abortion was successful. Women should either do an ultrasound after the medical abortion or do a pregnancy test 3-4 weeks after the abortion.

**In Case the Medication Did Not Work**

- Repeat the abortion by repeating the misoprostol dose or by having Manual Vacuum Aspiration (MVA). There is a very small risk of birth defects if pregnancy continues after taking misoprostol.

**After the Abortion**

After the abortion, a woman should expect light bleeding for 1-3 weeks afterwards, and should confirm that the abortion was successful.

- Nothing should go inside the vagina for 5 days after the abortion (she should not have sex or use tampons) because the cervix remains open and there is a higher risk of infection.

- A woman can get pregnant immediately after an abortion! She should get good contraception to prevent a new unwanted pregnancy immediately.

**Organizational Information**

- Women Help Women
  - Web: https://womenhelp.org/
  - Email: info@womenhelp.org
  - Twitter: @womenhelporg
  - Facebook: WOMENHELPWOMENINTERNATIONAL

- MAMA Network: Mobilizing Activists around Medical Abortion (MAMA)
  - Web: www.mamanetwork.org

- WAS MY ABORTION SUCCESSFUL?
  - Even if the woman feels she is not pregnant anymore, it is important to make sure the abortion was successful. Women should either do an ultrasound after the medical abortion or do a pregnancy test 3-4 weeks after the abortion.
WHEN CAN IT BE USED FOR SAFE ABORTION?
In the first 10 weeks of gestation counting from the first day of the last menstrual cycle.

HOW DOES IT WORK?
Medical abortion causes a process like a miscarriage.

Mifepristone blocks the hormone necessary to maintain a pregnancy and it also makes the uterus more receptive to Misoprostol.

Misoprostol causes contractions of the uterus, which result in the expulsion of the pregnancy tissue, clots and blood.

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HOW IS IT ADMINISTERED TO INDUCE AN ABORTION?
A woman will need 1 Mifepristone tablet (200 mg) plus 4 Misoprostol tablets (200 mcg each)

The Mifepristone should be swallowed with a glass of water

24 hours later the woman can use 4 pills of Misoprostol buccally between the gum and the cheek, two on the left side and two on the right side.

All four pills should be left in the mouth for approximately 30 minutes to dissolve.

WHAT CAN BE EXPECTED AFTER USING THE MEDICATION?
Stronger cramps and vaginal bleeding stronger than happens during the menstruation

She can use ibuprofen or panadol to relieve the pain.

In 80% of cases, the expulsion of the pregnancy happens during the first 24 hours.

The longer the woman has been pregnant, the stronger the bleeding and cramps will be.

POSSIBLE SIDE EFFECTS
Within the first 24 hours the following symptoms may occur: nausea, vomiting, diarrhea, fever with or without chills, headache and / or dizziness.

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WHAT ARE THE WARNING SIGNS (COMPLICATIONS)?
Excessive bleeding (2 or 3 pads filled per hour for more than 2 or 3 hours in a row)

High Fever of more than 39 Celsius or 38 Celsius for more than 24 hours

Strong pain that does not go away few days after taking the medicines

Smelly, abnormal vaginal discharge

WHAT TO DO IN CASE OF COMPLICATIONS?
Go immediately to a health center.

In case of a medical emergency, medical personnel have the obligation to attend to the person in a timely manner. The treatment for complications is the same as for complications after a miscarriage. It is not possible to see the difference between a miscarriage and an induced abortion with mifepristone and misoprostol. A woman in need of medical care can say she has had a miscarriage.