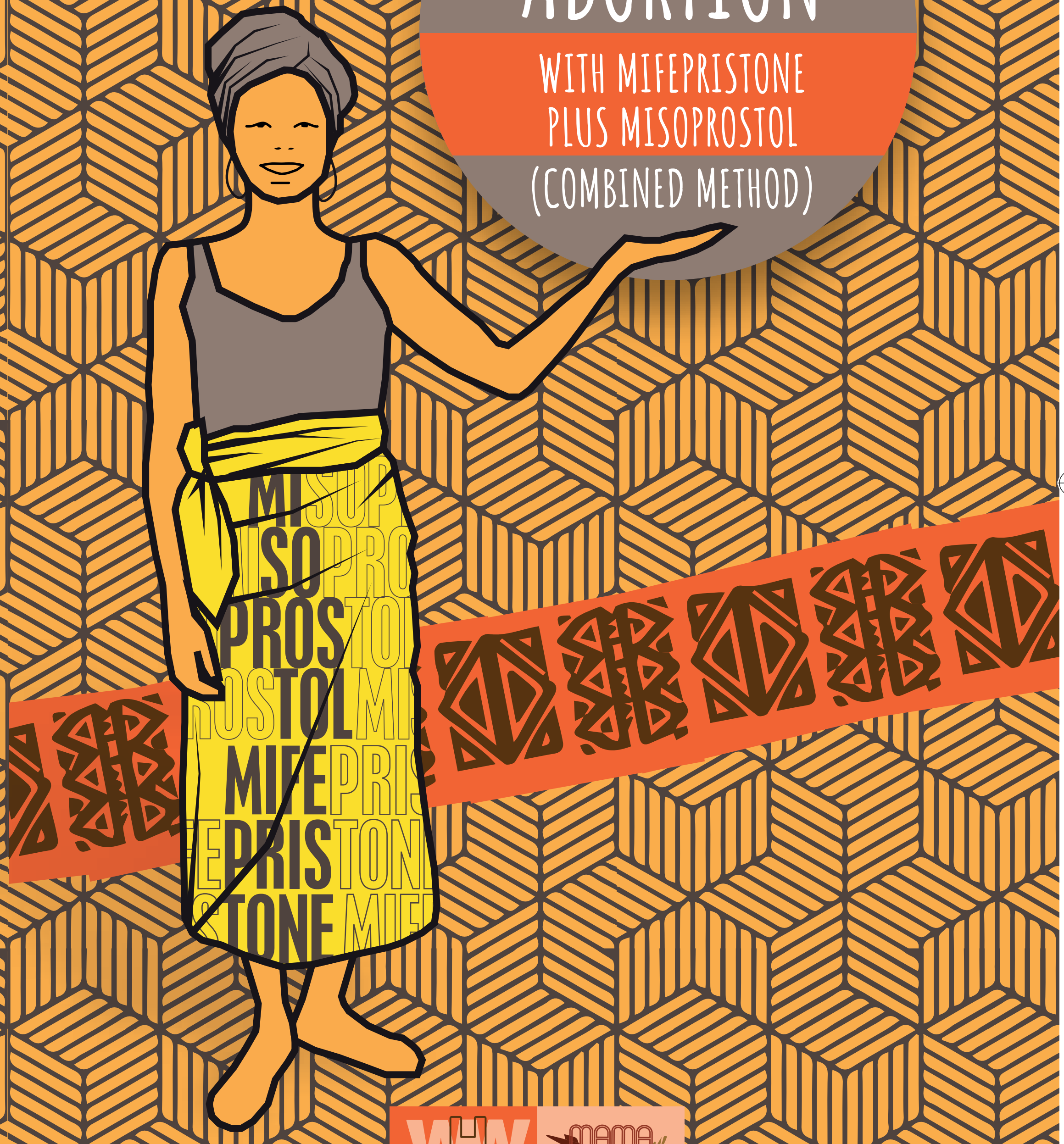
MEDICAL ABORTION

WITH MIFEPRISTONE PLUS MISOPROSTOL (COMBINED METHOD)



EFFICACY OF THE MEDICATION

For move belle with Mifepristone and Misoprotol be very safe and effective 95-98% of the times if you tak'am within 12 weeks after you get get belle.

IN CASE THE MEDICATION DID NOT WORK

You fit move belle again with Mife & miso or Manual Vuaccum aspiration (MVA). The risk for born pikin wey e get problem after you take misprostol, be very small.

WAS MY ABORTION SUCCESSFUL?

Even if the woman feels she is not pregnant anymore, it is important to make sure the abortion was successful. Women should either do an ultrasound after the medical abortion or do a pregnancy test 3-4 weeks after the abortion.

In case the woman **no bleed, or e bleed only small** (wey blood no commot like menstruation and e no get blood clot) and sign dem for **pregnancy still continue** after e don take the tablets dem, she fit like still get belle. Make e hurry **go do scan** for confirm if the belle still dey or e don commot. If e no fit do the scan, e fit take the tablets them again!

AFTER THE BELLE DON COMMOT

Even if the woman feel say e no dey with belle again, e be important say me e confirm say the belle don commot completely. E go either do scan, or pregnancy test 3-4 weeks after e don move the belle.

After the belle don commot, the woman fit expect for continue for bleed for about 1-3 weeks; but no be the same for all woman them. After everything, the woman get for confirm say the belle don commot completely.

Woman fit get belle immediately after e don move another belle. If e no want get belle immediately, e must start for di do thing dem wey them no go make e get another belle wey e want keep'am –like for use condom, and so on.

ORGANIZATIONAL INFORMATION

Women HelpWomen
WEB: HTTPS://WOMENHELP.ORG/
EMAIL: INFO@WOMENHELP.ORG
TWITTER: @WOMENHELPORG
FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
WEB: WWW.MAMANETWORK.ORG

AF Miso_Mifepristone CAMEROON PIDGIN.indd 1
20/01/23 22:00

HOW E DI WORK?

When the belle di commot, e di be like say you don miss carry.

MIFEPRISTONE MISOPROSTOL

Mifepristone go block/ stop the hormone/ chemical wey di keep the belle and e go make pickin e chair (uterus) receive the first medicine (MISO).

MISO di make pikin chair tight, wey e push the belle commot with blood.

WHEN DEM FIT USE'AM MOVE BELLE WITH NO PROBLEM?

0 »12 weeks

You fit us'am up to 12 weeks starting from the day 1 of your last period/mensis

HOW DEM DI USE'AM FOR MOVE BELLE WITH NO PROBLEM?

MIFEPRISTONE 200 mg MISOPROSTOL 200 mcg each

Woman go need 1 Mifepristone tablet (200 mg) plus 4 Misoprostol tablets (200 mcg each)

MIFEPRISTONE 200 mg

The Mifepristone
The woman go swallow'am with glass water.

After 24 hours the woman fit put **4 tablets of MISO** between e gum and e cheeks leav'am sotey them melt.

24 hours

2 for e left side mop,
2 for e right side mop.

The 4 tablets of MISO suppose for dey inside e mop for about 30 mins so that make delt melt. You fit swallow the remaining one them weh de for your mounth later

30 min

WHETTI FIT HAPPEN

24h

The woman fit notice this kind signs the m within the first 24 hours:
E neck go turn (nausea), e fit vomit, purge, fever (wey u no di shiver), headache, body di weak. All these one dem na side-effects wey dem no bad and dem go disappear after a few hours.

WETTIN YOU FIT EXPECT AFTER YOU DON TAKE THE MISO?

The blood and pains/cramps go plenty pass as e di use for be during period.

24 hours

90% of the time, the belle go commot within the first 6 hours after you don tak'am

The more the belle dons stay, the more the blood and cramps/pains fit be.

You fit take pain killers the same time wey you di take the first dose of miso. **Ibuprofen** na the best. But you fit also take **paracetamol/ acetaminophen.**

WETTI BE THE SIGNS SAY YOU DI GET COMPLICATIONS AND THE MEDICINE NEVER WORK FINE?

Blood go di commot plenty sotey you go use 2 or 3 pads ever hour for more than 2 or 3 hours non-stop. 2h +

39° You goget High temperature wey pass 39 degree, for more than 1 day. 24h +

Plenty pain wey pain killers no fit cool'am and e go continue for few days after you don take the MISO.

Bad smell and discharge go di commot for your woman skin.

IF YOU GET ANY PALAVA

Go hospital or health center immediately.

Workers for hospital and health center get obligation for attend to the woman immediately. For hospital, dem go give e the same treatment wey them di give woman wey get complications after e don miscarry.
E no be possible make dem know for hospital wether the woman don miscarry or e don try for move belle with MISO. So woman we y get complication after e don take MISO fit tlk for hospital say don miscarry.