



MA'ALA MA MUTI

Isambta mifeprystone / misoprostone uli bisoka na eta na pourcentage ya makumi kenda na matana

I'ETE MUTI U 'TALI BISOKE



Muachana ete unwa palambibo mutii ino mifepristone na misoprostol abutilwe u aspiration imoi. I'ya ikwo inda lingi ikyo shimi taimane munda anga wa solile miti.



Women HelpWomen

WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)

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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

WEB: [WWW.MAMANETWORK.ORG](http://www.mamanetwork.org)



UMATUSHA SHIMI SHILE YA TINGILE BISOKA?

Anga muashana tali na matuka mikila, ile bisoka iso iso imatusha ile ma'ala, anga u'tingile u' echographie ikyo imatushilwe ma miti, iete u kipimo cha matuka mu majuma masatu wala manachi.



UNGWELE : muachana tali u sosa mikila y aila mwisho we mweshi, takuli ikyoo shimi, na éte ungwa anga ali na shimi angwa a, ywele ali miti. aita ingi ipimo etwa echographie ulola nga inda ili mumo akwinda lingi miti.



I'ETE IMATUSHA UNDA



Anga shimi amatuka na mmashana éte imatuka mikila isosiso ,yingi imoyi ama ingaa shisatu ,baashana tabali na mweko imoyi ,mango ikyo shimi amana bisoka



Mumo mi kisundi yubike etu,nishila maki ;ni itendo ya ndowa uupaka ikyo miela ishinde meshuku shibili umetuka inda



Muashana aunda shimi, anaga shimi imatuka
Angaa wa shimi tuinde shimi, uitile ingi namna ingi shimi

SHIMI IMATUKA NA INO
MITII SHIBILI MIFEPRISTONE
NA MUNAKE MISOPROSTOL
UNGA SHOSHE SHANGA
BISHWA CHOSE





I'UNYATAKA BILI?

Angaa mutii ilishingi mu mweko iulushaka kubota mwana akwile alee munda



Mifepristone mukambilwe ino progesterone, ino hormone ya mweko i'ungweliche matuka ayechilwe, na u'mbeche iso iso ile ungwile misoprostol.



Uno muti misoprostol iulushaka machungu muno mukizazi na ulusha ma mangi mazara mu shimi na mikila ya kilo-kilo na mikila mingi.

ETE U'MASAA SHIINGA WITILWE USOLWE ILE YA IMATUSHA MA'ALA?



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Ushuku kumi na shibili ya yinga ya shimi ingila uita esabu ya lushuku lumoyi wa mikilayobe ya mwisho wa mweshi.



U'ITAKA BILI MITI UIMA NA SHIMI BISOKA?



Muachana balimashima ya muti umoyi ya mifepristone ya liligramu miya shibili(200 mcg) na muti shinashi sha misoprostol ya miya shibili(200mcg) kwa umoyi.



Muti mifepristone ba usolaka na ilauli kimocho ya maki

Masaa maumi mabili na nanchi yatinga ichwa miti manashi muno munwa ya misoprostol



shinachi cha matama na menyo

Muti manashi bika muno mu anwa dakika makumi masatu mpaka ialuke muachana éte usola i'yose.



IKILWE MATENDELO MILAMBI YA U'YETE



Mu saa makumi mabili na nanchi yatinga wasolile muti mano malwashi maulushaka ,luungu lwasoma bibaya,mweco wose ukya makumi ma satu na munane,uya umabwe,mweco wose wa soma bibaya ,kusula ,mano ma effet makushinda ma saa ingi.



BILI KUITISHE U'UTE INWA MTHI MISOPROSTOL



Ungwa Mi'ila mingi ikwuma tuka mingi usumba mikila yobe ya mwisho wa mweshi



Kuli batu makumi kenda ya pourcentage ya malawashi ubuta kuli saa imoyi ya mtuba



Anga shimi ya ula na mikila mingi imatuka sana



Muti usoma bibaya umweco ete kukunda mu ma saa mamochi ya anga anwa misoprostol. muti ibuprofene ile bisoka. ino muti paracetamol na acetaminophene u'inda u'ukwatisha.



ANGISHA ALAMA YA U ETELECHE



Mikila imana nyingi shibili amashi satu uli bunga kuli masaa, mango na saa shibili ana ma satu.



Ungwa mweco wote maleliya yamakumi ma satu na kenda lingi makumi ma satu na mune ushuu umoyi.



Ungwa maumifu mingi,mashuku mingi anga wete unwa mut iwa maumifu.



Muno mu kizazi muimatuka maki ishili sawa na yete unuka bibaya.

ANGA BYA SHWAA BIBAYA UITA?



Uuya uli centre de santé (uuye ya kukubuka)

Angaa maashana ali na mashima ye ubukwa, mukila anita gisi yote ya umubuka. ubukwa na shimno miti sha uima tuka shimi shilianga mukasha abuta mwana akwela munda; tuna manya anaga muti itiva mefepristone anaga ili misoprostone. Muashana ali na mashima ya miri tashee kubuta mwana akwile alee.

