



MISI GU MUTI

Injira iziri haguma nu mifeprostone / misoprostol iri yukuri na iri magala mu pourcent makumi gari mwenda na bitano(95) ku makumi rari munane (98%) muka izimi rikiri mu hinga ikumi na zibiri

WANGAKOLA BIKI IRI LITALIOKA?



Mukazi angagaluka kwanga guria muti ao kuliosibwa ni bigera.

Madati manini mwana kubutwa burigo irizimi lyanga genderera amari marira muti.



IZIMI LYANI LYA LIOKA UKURI ?

Mukazi angagaluka kwanga guria muti ao kuliosibwa ni bigera. Madati manini mwana kubutwa burigo irizimi lyanga genderera amari marira muti.



Iri mukazi atete agaliosa umuko,aga liosa umuko munini (muko munini wakati atagenda ku regles ao muko ugu gandamire) ao atagenderera nguri izimi; biringa arizimi; agagenda ku echographie kugenda ilola izimi la iriringedere ao rimanga, iri bitahashire anagatumika muti kandi



KISHA KULIOSA IZIMI



Kisha kuliosa izimi,mukazi agagenderera kuliosa muko mu higuma(1) ao yinga zishatu(3) . Bakazi boshi bari tofauti



Utabike kyoshi ku mukazi(tampons) atishuke, atashanganane nu mushosi mpaka muko gupunguke,ku siku zibiri(2) kisha kuliosa izimi



Mukazi anganga izimi kisha kulioka izimi. Kutaheka lindi izimi, iri atasimire, ugatumikisha usmuti gukulahira izimi

CONTACTS

Women HelpWomen

WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/) EMAIL: [INFO@WOMENHELP.ORG](mailto:info@womenhelp.org)

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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

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KULIOSA IZIMI NU MUTI

NU MIFEPRISTONE NU MISOPROSTOL (INJIRA IZIRI AGUMA)





KYA KISHOMOLA KUTE?

Kuliosa izimi nu muti ikazikola ngakuno izimi kulioka.



La mifepristone kuzibira progesterone ir ya maana iri izimi rigendere itaga gwatiriza iri lubutoro lutware misoprostole.



Misoprostol kutondera kuliana kulubutiro, kuregeza ikol kulubutiru, yakituma kutondera kindu ikishushene izimi kulioka.

WAKATI NYIKI YUKUTUMIKISHA KULIOSA IZIMI MU NJIRA NIJA?



0 >>> 12 weeks

Mu ndondero yi hinga hikumi nazibiri liwimi kutondera kugaza lusuku lwa kwanza regles yumwisho.



KUTE WANGATUMIKISHA MISOPROSTOL KULIOSA IZIMI MU NJIRA NIJA?



Mukazi aganywa muti mukumwa nu mifepristone 200mg ni muti zine n misoprostol 200mcg kira muti.



Mifepristone imenenwe inwe kikombe kiguma kya meji.

Kisha masaa makumi gabiri na zine, ubike miti zine nu misoprostol.



Ifo yu rulimi miti ibiri luande na luande gundi muti.

Miti zine uzikunge mukanwa munite makumi gashatu harinde ivungunyuke ,kisha bindi bishazi, mukazi amenene anwe bindi ibyasigala.



KINYUME KUSHUBA KUTUMIKA UMUTI



Namalinwa umuti mu masaa makumi gabiri na bune(24 heure), dalili izangija: kichefuchefu, kushala, kuharisha, magala ku duta 38°, iitwe kuliana /kuvwa uzaifu lbyo byoshi bigasira mu masaa manini bitari magala.



WAMALINWA MISOPROSTOL BIKI IBIGABA?



Kigazigazi na kulioka umuko mwingi guhimire gwi regles.



Asilimia makumi gari mwenda (90%), izimi yakilioka mu masaa ndatu (6heures avant).



Iri izimi mira lyakula mukazi agaliosa muko mwingi.



Umuti ugu galiosa maumivu umenene unwe mu muti gundondero nu misoprostol; ibiprofen guri muti uguli misi ; le paracétamol/ acétaminophène guri muti guku gwatiriza.



ALAMA NYIKI ZI SHIDA?



Kuliosa muko (mu bisheba bibiri(2) ao (3) mu saa nguma ama masaa zibiri ao zishatu.



Magala ku duta 39°, ao 38° muda uguhimire saa makumi gabiri na zine (24heures).



Maumivu mingi siku nyingi wakati yukuliosa izimi kunde unwe muti kupunguza maumivu.



Kuliosa buchafu(vagin) na bitagabaya,

NANGA TUMIKA BIKI IRIHIJA ISHIDA,



GENDA DUBA KULUBUKO!

Iri mukazi asimire lubuko ,muganga amenene amubuke.

Muti lukubuka izimi lishida na yugo muti ugagabuka wakati izimi iliakoneka. Biri bikayu kutufautisha izimi irialiosewa na izimi iliakoneka iri mukazi asimire lubuko agadeta izimi lya lioka.

