



A SA NGUPFU SA BUSHAKE

Uwa simba abushake bubiri bote Mifepristone / Misoprostol niwaba nauhakika habukule itenga mwa kadiri ya 95% ao kandi 98% mwa saa abukule bukiri mwa mitsi kumi na mibiri

NIWA IRA BATE MWA SAA ABUKULE BUTATENGIRE?



A mukatsi nia atsirira abushake bwa mifepristone et misoprostol ao nihahira a aspiration. a mwana mwa bula atanga bakindu mwa saa abukule butatengire.



MWASI ITUKANA NE BHIKEMBE

Women HelpWomen

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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

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ABUKULE BWA TENGIRE?

Nakihiro a mukatsia aupfa mwa atakihete bukule , lipashishwe nia menya kushe kwa bukule bwa tengire kushe. anagenda ira mungnaga ni akola ye banaluka ""Echographie"" mwa saa wa memala amushake ao nihaira bindi bipimo byeremenya kuhete bukule.



Mwa saa mukatsi atakiri atengya shiama ao atengya kashiama kake lakini akina upfa tikuno ahete bukule amekinda abushake, ingaba na bukule butatengire mwa ssa omo nienda ira munganga ikola a échographie kunywa kwa bukule bwa tengihre, angatsimba kandi bundi bushake



MWA SAA ABUKULE MWA METENGA BOSHI



Mwa kashangi abukule bwa metenga a shima ingatenga nyike nyike ma boso mashatu , mais amaumbile ba bakatsi mapishene



Niutihwe kindu kyoshi kyoshi bwa bwalo ao niuti kyetse na mulume mupaka ashiana ihwe ayoshi Ungalanga biro bibiri abukule bwa metenga



Mbe amukatsi angaheka bundi bukule mwa kashangi mwa kwanza mwa metenga, mwa kashangi utapendire bundi bukule ipashishwe niawa shoma ama contraception

ITENGYA BUKULE NA MASHAKE

MA MIFEPRISTONE NA MISOPROSTOL
A BIBIRI NI WA HIRA BYA HAUMA





BINA ENDA BATE?

A bukule bwe bumetenga na bushake ina bachira nguma na bukule bwe bunatenga bwenabwene



A mifepristone inafunga a chira ya progesterone, asa hormone ni sahika nyingi kusidi abukule buendereye ni ya asikya à uterús kza misoprosol.



A misoprosol inaira a mubiri ni ahithira hauma ka uterús nib ya pasuka byoshe hauma

UKAWE KASHANGI UNGAKOLESA ABUSHAKE BYE TENGYA A BUKULE?



0 >>> 12 weeks

Mwa maboso kumi namabiri ma kwanza mabukule itangira a kiro kya nzindiro ilola mwenzi wa mukatsi



A MATUMIZI MABUSHAKE NI BATE?



Mukatsi ihemihre kinini kuma kya mifepristone kya 200mg na bini bine ya misoprostol bya gramme maana mabiri



A Mitepristone ni wa shomahro na metchi

Kisha masaa makumi biri nene nihahira bini bine bya misoprostol



ha shsi wa lulimi binini bibiri kira Lunda

Niwalanga a binini bine ha shishi wa lulimi kadiri ya minute makumi ashatu mupaka bihwere mwa bunu, shisha akashangi ako a mukatsi angashoma a bisialo



HANGABA KASHANGI BIWA UHFA BUNYEHEE BUNYEHEE



Ma saa makumi mabiri nene hamesimba a bushake ungaupfa bindu biri batya; ishondo shala, ishonda iya kabine kitsi kashangi, ni wa pata muchanwa mwingi mwa mubiri ao ni amutwe ni aluma kutsibu, a bunyehee boshi umwe nimwa tsuka ya mestsuka kashangi kake.



BIKI BYEBINGA HIKYA HAMESTIMBA ABUSHAKE WA MISOPROSTOL?



A mapfhi ni maala kutsibu na shimana ni ya tenga nyingi kutsibu tikuno bwa bihro bya mitsi bya mukatsi



Mwa 90% bukule bunatenga mu kashangi ma masaa ndatu



Abukule bwa mebande mietsi mingi mwa saa hametengya abo nia ashiana ni ya banyingi kutsibu



Bushake mwemala amaumivu angashomera abo hametsimba abushake bwa kwanza mwa misoprostol. l'ibuprofene inaba kushe kalengyo. Ingatsimba na paracetamol wa meshasha.



KABA ABINDU BITAENDEKIRE KUSHWE UNGAUPFA BATE



Shiama niya tenga nyingi kutsibu mu kashangi ka saa shatu ungautsutsa bitambara bi biri ao bishatu



Mushanwa ka mubiri mwingi kutsibu wa degre makumi mashatu ao makumi mashatu na munane mwa saa makumi mabiri nane.



Amubiri niala kutsibu habetsimba abushake biro bingi nakiro au shoma bushake.



Mwa bwalo nimwatenga bindu bingi bitakwirihre

UNGAHIRA BAHE MWA KSHANGI ABINDU BITAENDEKIHRE



Niwa enda chuba ira munganga

Mwa kashangi a mukatsi ahemihre bushake ira mwa munganga abushake bwa retengya abukule bwe buuma na bushake mwa kashangi abukule sha buintengya bwenabwene, ritsibu imenya bukule bwe shabutega na bushake ao bweshabutenga bwena bwene, rihemire amukatsi nianeena yenawene

