

# ÔHUMYA KUMO ÔHÊTÊLA BOKANGA

KYA MIFEPROSTONE NA MISOPROSTOL  
(NDELA KYA KÈSUMBICHIWE)

## ÔÔMA WA BOKANGA

Mifepristone na Misoprostol inde lakenjû na kya bôlôle

Pûlusa maumi mabôla na chitanô ao pûlusa maumi yabahabôlana enana mayinga umi na mabêlê ma mwanzo kwa muko

## IÉÉ YA ÔÊTA AMBO KUMO LESA HUMA?



M'machanana kwena shi wêlêla bokanga yaka aô ôêta hêya bôbê ibone sana, ôwemwana ôboswa na yenyi êbeaya nahe kumo lyeho-hôma kwa nwa bokanga



## M'BIHÊ KUMO LYANYILYA HUMA ?

Enangwa M'machanana kushi huumwa mashi kaahu mashi mane (hase ha mashi mamwechi bila biundo byehê m'peya ôbana tobande twa kumo ôhwa ôhumya kumo na bokanga byena monayahewena kumo ôêtê echographie wa ôlô lana mbo kumo lyêwê nambo bishi hozata na nywa yaka bokanga



Nambo M'machanana kushi huumwa mashi kaahu mashi mane hêse na mashi ma mwechi bila biundo byehô m'peya ôbana tôbane twa kumo ôhwa ôhumya kumo na bokanga byena monayahewena kumo ôêtê echographie wa ôlôlana mbo kumo lyêwê nambo bishi hozata na nywa yaka bokanga



## ÔHWA KUMO UHUMA



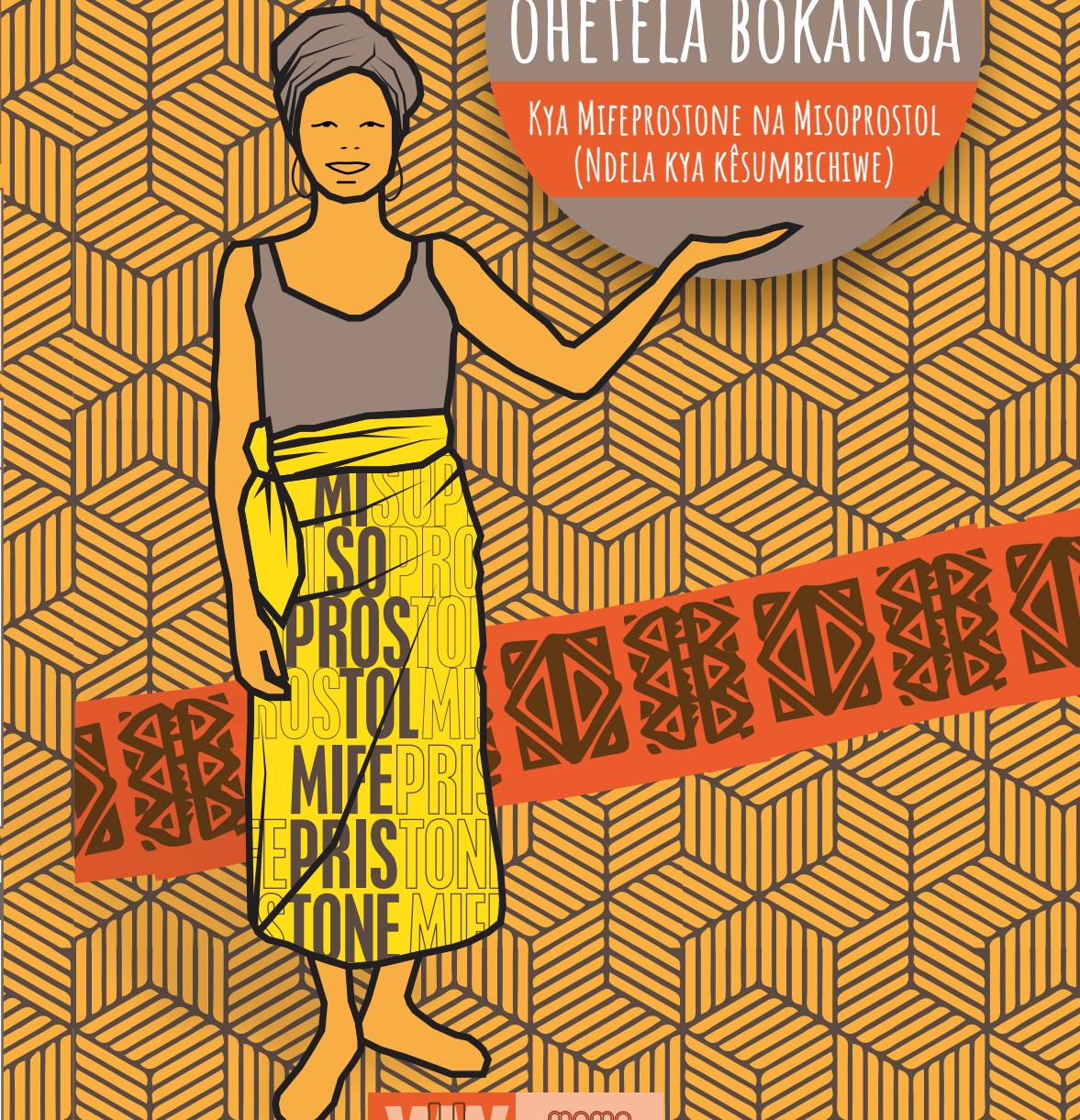
ôhwa kumo uhuma M'machanana kwena êndebla ôhuma mashi mane ô yinga le mwechi aô matatô lakini baachana bale bahishanê aô ndute ndute



ushikingêche êtô ôse m'pêle ôlekôkô ao êlena na lomyana hadi mashi mahongowé ohwa masumabele ohwa uhuma wamo ôhêlêlêla kokanga



M'machanana kwenanswa kumo êyeka ôhwatu uhuma ma kumo ilêlêlenda yehôsabwa ôlê inga



## CONTACTS

Women HelpWomen

WEB: [HTTPS://WOMENHELP.ORG](https://WOMENHELP.ORG) EMAIL: [INFO@WOMENHELP.ORG](mailto:INFO@WOMENHELP.ORG)

TWITTER: @WOMENHELPORG FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

ADDRESS: PLOT 471 BLOCK 208 P.O BOX 585 KAMPALA -UGANDA BOMBO RD

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BLOCK 471 NEXT LITTLE STARS EDUC CENTRE NEXT BULONDO APARTMENTS /

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### IYÉÉ MITUMIECHI?

ôhumya kumo ôhêtêla bôkanga ama kumo ôdôka



Mifepristone  
kyehôchibela  
Progesterone kyène  
kyého inglelecha kumo  
ôendelea nao saia  
ébushi wa ôpôlala  
Misoprostole



Misoprostol kyeöhösha  
myanga kya bubushi  
kyène kyeöhötoma  
ébushi ôhumya  
ôbenga byéne kumo  
biundo bya mashi na  
mashi

### IMENGO NAÊ MOLE NA KÊLÔLA WA UHUMYA KUMO ÔNELA KÉSOKA?



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M'MAYINGA UMI NA  
MABÊLÉ MA KUMO  
wahô bala ntangu  
lûsûkû lontangilwa  
mashi ma mwechi  
kôbekwa isula



### BILE ÔTUMICHA BOKANGA ÔHUMYA KUMO ÔHETÊLA BYANGÈNE



M'machanana kwe swala bikuma  
êmwe ya Mifepristone 200 mcg na  
bikuma bina bya Misoprostol bya  
200mcg kêmwechi



MIFEPROSTONE ônwa  
êla uli êmwechi madê

Saa mom'mabêlê na china  
(24heures) ôhwa ya bikuma bina  
bya Misoprostol



osé lulimi bikuma bibele kila lobe

Biya bikuma bina byéchungwa m'manywa  
mengô ma dakika mom'matató(30unites)  
paka bisanngalalê ôhwa hahô M'machanana  
kwena nwa made ménê mashikal



### ÔNAHÔLÉCHA YAKA BINGE BIBÈ BYA USHIWÊLÉLA



M'masaa mo m'mabele na mana(24heures) ônwa  
m'mosubu na mengô-môle na môsna m'tema  
ôsemua, êsela ôndeshe, mpêlê ôlêbelâ, hôma  
ôsela uintowa ewango 38°  
M'swe ôsoma ôlôbêla ntontô tôbandentushintwa  
tôbe na tôhochiminina ôchwa saa china



### IYÉÉ YENTÔBÔELA WAHÔNWA MISOPROSTOL?



Mianga nahe  
kyamako  
ôhabwa uhumwa  
mashi mengi  
ôheta masho  
maomwechi.



Nyendo chingi  
ôpûlusa maumi  
mabôla kumo lésô  
huma ûmasaa  
mtôba



Byaho ôma kumo  
na byéne mashi me  
huma mengi



Mashi ma uchibêla myanga mana swalwa  
biyatu wenanywa kibuma bintangi bya  
Misoprostol, Ibuprofene no bibenjû,  
paracetamol/acetaminophene nabô bôna kela  
wa ôsadia



### ABANDE NAÊ ÂADOKÛ?



Uhunwa mashi mengi (binkama bibêlê  
aô bintanta (2 ou 3) ukilôla mashi ôsa chibêlê  
aô chintantô



M'pele ôsela hôma lingî ômom'mantantô na  
yahabôla ao mom'mantanto na yahabôla ômengo  
ma saa mom'mabile namane (24heures)



Myanga muda kwa masûkû mane kisha kumo  
uhuma na lishi ôhôlela bokanga bwa myanga



Umwana madê na mashi mamabenjû nama bushio  
buchî bwa M'machanana

### IYÉÉ YE HÔENTO BÔBE ÔMONÊA?



**ôkye Iwendo  
lômwenchi okya  
ôkilahwa**

Nambo M'machanana kô hô benja-ô kilahwa muganga  
kwêlêlengyê ôkondaha. ôkilahwa wa bôbê bwa  
ôhunya kumo, igohwanane nabwa uhuma wa kumo,  
bishibihu ôkabola kuma lya uhuma ama lya ôdoka  
ôhentela Misoprostol M'machanana mine kôhôbendja  
ôkondahwa kôna le samba kumo ya dôka.