



## MUKOLWA NE MISI YE MUTI



Misoprostol izi  
kola ku babuguma  
9 ku 10

## NANGAGILA VINI ILI ZINI LISAFUMA?



Mubuguma  
wangaya kubusame  
ashome miti indi  
ao asangane ne  
muganga mukulu  
bahuluse foetus  
kumisi.



Women HelpWomen

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## KUFUMYA ZIMI KWANI KWAYA BUSHOGA?

Kilimubuguma wanganyuwwa ili asihete zimi kandi,  
bihunile alenge kubusame amanye menemene ili zimi  
iyafuma; Wangagula test grossess analolekeze nyuma lye  
misibo ishatu ao inne



**NB.** Ilimubuguma ahete hulusa muko munini ao wangaba  
ne kunyuvwa ili akihete zimi nyuma lye kuyanga miti,  
byangaboneka iri ahete zimi, angaya kubusame analenge ku  
écographie kipimo kye bibeya, ao wangayanga kandi miti.



## NYUMA LYE KUFUMYA ZIMI



Nyuma lye kuhulusa zimi, mubuguma angasanza muko mu  
bizanga bisibinini nge musibo gumwe ao ishatu, babuguma  
basiboshi kimwe, hali bandi bazihulusa vuba.



Ukolwa kubika kindu mukishundi, ukolwa kushuka ao kugila  
buheza, uhembele muko gukame buholobuholo mu tunjuba  
tubili nyuma lye kuhulusa zimi.



**Mubuguma wangayanga zimi vuba, nyuma lye  
kuhulusa zimi.** Kugila utalonge zimi nyuma ye fumya zimi, ili  
mubuguma asisimile kuheka zimi, wangayanga kandi muti  
gwekuzibila zimi.



## KUFUMYA ZIMI KU MITI YE MISOPROSTOL

## LE MISOPROSTOL, BIRIBIKI ?

Guri muti gwebusame  
kufuma kubabeya  
mukuha bakawana  
bwruwi bweruwi  
bwakuhulusa Ziimi  
guhete kolwa ne Ulcères  
gastrique. Guhete guzwa  
mibusame kumazina  
nge « cytotec, Isovent,  
misoclear, MisoFem,  
Cyrux ne tomisral.  
Mu bihugo bye afrika,  
irinzalange mu miti  
yekubuka babuguma  
muko mukubuta baana  
(Hémorragie Post  
Partum).



## MISOPROSTOL,

### LUMBULWEKI?

Kufuma kwezimi mubulamu bwemubuguma, busame mbere kalenge kalenge kahuluke mubita, mukomwingi kushuuka bizanga wahwa kubuta, iwikolwa ne muti llcere Gastique

### MUKOLWA GUHETE HYATA VINI

Misoprostol izihalanga kunyega kwe shaho lye mwana, nibiwi gila zimi kufuma.

### BIZANGA BIKI ZANGAKOLESA YUGO MUTI KUSAWA ZIMI?



Mu misibo yembere kumi nibiri ye zimi kwanziria lusiku lwe lwage lwe katanzi lwe muko.



## VINI KUKOLESA MISOPROSTOL MUKUHULUSA ZIMI LYE MBUGUMA



Mukazi agahebwa binini kumi na bibili agabishoma mukanjuba kamwe agakizi shoma binini binne nyuma lye bizanga bishatu.



Bika binini bye Misoprostol hasi lye lurimi mukihande kye kizanga kimwe akolwa kushoma ne mazi kihwire kyoshi mu kanwa.



ne mazi kihwire kyoshi mu kanwa



Myuma lye bizanga bishatu agabika binini bishatu hasi lye lurimi byoshi hamwe bigagila bizanga kihimba kye kizanga.



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Ili nyuma lye bizanga bishatu mbuguma wimi lisehuluka, mbuguma angakola kandi gundi muti kubizanga bishatu kuhika ho zimiligafuma.



## HANGABA BIKI NYUMA LYE KUSHOMA MISOPROSTOL?



Bikangazi bihamu ne kufuma muko mubombo ngemukazana mukizanga kye kuyanga zimi.



Mu 80% ye malwazi, kufuma kwezimi kuhete boneka mubizanga byembere ya 24.



Kuzimi lihete kula, nikumukazana agahulusa muko.



Miti ye kuhinza mwego kunyega twanga gishoma mukizanga kimwe ne misoprostol mubizanga byofi guri: Libuprofène, paracétamol/acétaminophène gwanga leta Kilembe, mumiti yoshi yaho ibuprofène ni mbamu.



## BIHINDUKILO BYEMUTI

Ukamala kushoma muti bizanga bye 24, twangabona bindu ngebino bigalombosa iri mui gwakola, shalambu, kushala, kuhara, kahya ke 38°C, mutwe kulyana ne mwego kuntega. Ibyobindu bikatuka utanyuvwe boba lumbu bigahita nyuma lye bizanga binini.



## TUVULENGO TUKI NANGASANGA?



Muko mubombo kufuma zibili ao zishatu kotex yebabuguma yangayijula mukizanga kimwe, bizanga bibili ao bizanga bishatu)



Dutu lye homa lye 39° ao 38°



Kulyana kwamwego tunjuba mubombo nyuma lye kufuma kwazimi, kusihete muti gwekuhinza kunyega kwamwego



Kuzimiza anormales et malodorantes mukishundi kye mbuguma.



## Uye kubusame vuba

Ili mukazana wahuna baganga bamugwase ne miti, baganga bagabetula mulwazi banamutwale kubusame abukwe, miti ye mufuma kwazimi gwekuhulusa kumisi ye miti, yuko kuhuluka kwezimi kulinga kufuma kwezimi lye mbuguma.

Bilibikayu kutafautisha kufuma kwazimi lye muti ne kufuma kwa zimi lyongwa.