



UBUSHOBOZI BW'UMUTI



Misoprostol ikoreshwa mu gukuramo inda ku bagore 9 ku 10

HAKORWA IKI IGIHE INDA ITAVUYEMO?



Umugore ashobora kongera gufata ibindi binini bya misoprostol cyangwa akajya kwa muganga bagoresha uburyo bwo kuyinyunyuzza (aspiration) muri nyababyeyi. Hariho ibyago bike cyane byo kuvukana ubumuga iyo gutwita bikomeje nyuma yo gufata Misoprostol.



Women HelpWomen

WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)

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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

WEB: [WWW.MAMANETWORK.ORG](http://www.mamanetwork.org)



INDA YANIYE YABA YAVUYEMO NEZA?

Nubwo umugore yaba yumva ko atagitwite nyuma yo gukuramo inda hakoreshejwe imiti., kugira ngo abyizere neza ko yavuyemo agomba kujya kwa muganga kunyura mucyuma kireba muri nyababyeyi (ekogarafi), cyangwa agatanga ikizamini cyo kurebako atwite nyuma y'ibyumweru 3 kugeza kuri 4



Niba umugore atakiri kuva amaraso, cyangwa ava amaraso macye (mushi yimihango kandi nta ibibumbe bya maraso), kandi agakomeza kugira ibimenyetso byo'umugore utwite nyuma yo kunywa ibinini misoprostol, birashoboka ko yaba agitwite. Agomba kujya guca mucyuma kireba muri nyababyeyi vuba bishoboka kugira ngo amenye niba inda irimo cyangwa itakirimo, niba bidashoboka, ashobora kongera gukoresha ibinini bya misoprostol bundi bushya.



NYUMA YO GUKURAMO INDA



Nyuma yo gukuramo inda, umugore ashobora gukomeza kuva amaraso gahoro gahoro kuva ku cyumweru kimwe kugeza kubyumweru bitatu, ariko buri mugore wese atandukanye nundi. Ni ngombwa ko ibipimo byo kwamuganga aribyo byemeza ko inda yavuyemo neza



Ntugomba kugira ikintu na kimwe winjiza mugitsina imbere (tampons), kwiyoza mugitsina cyangwa gukora imibonano mpuza bitsina kugeza igihe amaraso menshi agabanutse, nko mu minsi 2 nyuma yo gukuramo inda hakoreshejwe imiti (misoprostol).



Umugore ashobora guhita asama ako kanya nyuma yo gukuramo inda! Kugirango wirinde guhita utwita ako kanya, ni ba atabishaka, agomba gukoresha uburyo bwiza bwo kuboneza urubyarwo.

GUKURAMO
INDA UKORESHEJE
MISOPROSTOL



LE MISOPROSTOL, NI IKI?

Ni umuti ukoreshwa kwisi yose gukuramo inda byizewe no kuvura ibisebe byo mu gifu. Igurishwa muri Mmumazu agurisha imiti kuma zina y'ubucuruzi akurikira: Cytotec, Isovent, Misoclear, MisoFem, Cyrux cyangwa Tomispral. Mu bihugu byinshi bya Afurika, yanditswe mu miti yo kwirinda no kuvura kuva amaraso menshi nyuma yo kubara (Post Partum Haemorrhage)



MISOPROSTOL, IKORESHWA KUBERA IYIHE MPAMVU?

Gukuramo inda neza kandi byizewe. Ubuvuzi nyuma yo gukuramo inda kubushake cyangwa nyuma yo gukuramo inda yivanyemo (kurangiza gukuramo inda itavuyemo yose) Kurinda no kuvura kuva amaraso menshi biza nyuma yo kubara (HPP) no kuvura ibisebe byo mu gifu

BIGENDA GUTE

Misoprostol ituma habaho ibise kuri nyababyeyi, koroshya no gufungura inkondo y'umura, ibi ari byo bitera igikorwa gisa nkaho inda yikuyemo

NI UKUGEZA RYARI USHOBORA GUKOresha MISOPROSTOL MU GUKURAMO INDA MUBURYO BWIZWE?



Mu byumweru 12 bya mbere byo gutwita uherye ku muni wa mbere w'imihango aheruka kubona.



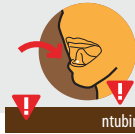
NI GUTE MISOPROSTOL IKOreshwa MUGUKURAMO INDA BYIZWE?



Umugore akeneye ibinini 12 byose hamwe, abifata muri doze 3 ibinini 4 buri masaha 3



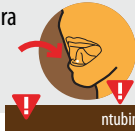
Shyira ibinini 4 bya Misoprostol muni yururimi mugihe cy'i minota 30



ntubimire, bireke bishonge.



Nyuma masaha 3, shyira muni y'ururimi ibinini 4 mugihe cyi minota 30



ntubimire ubireke bishonge



Nyuma masaha 3, shyira muni y'ururimi ibinini 4 mugihe cyi minota 30



ntu mire ubireke kiyonge (bishonge)



Niba nyuma ya masaha 3 gukuramo inda byanze, umugore ashobora kunywa ibinini by'inyongera buri masaha atatu kugeza inda ivuyemo yose.



NI IKI KIZABA NYUMA Y'IKOreshwa RYA MISOPROSTOL?



Kuribwa munda hikanya bikabije no kuva amaraso menshi ugereranyije nay'i mihango isanzwe



Ku kigero cya 80%, cy'ababikoresha inda ivamo mu masaha 24 ya mber



Uko inda iba ikuze niko umugore arushaho kuva amaraso cyane.



Imiti igabanya ububabare ishobora kuyifatira icyarimwe n' ibinini byambere bya misoprostol. Ibuporofene niyo nziza cyane, Paracetamol/ acetaminophene ishobora gukoreshwa mu kunganira ibuprofen.



INGARUKA ZISHOBOKA ZIKOMOKA KUMUTI



Mu masaha 24 yambere nyuma yo gufata umuti ibimenyetso bikurikira bishobora kuza : iseseme, kuruka, guhitwa, umuriro wa 38° C, kuribwa umutwe no kumva utameze neza. Ibi bimenyetso ntabwo biba bikabije cyane kandi birangira mu mu masaha makeya.



NIZIHE NGORANE ZISHOBOKA?



Kuva amaraso menshi (amaraso yuzuzwa ibikoresho by'isuku bikoreshwa mugihe cy'imihango (cotex) 2-3 isaha kumasaha arenze 2-3 akurikiranye)



Umuriro mwinshi (urenga 39°), cyangwa 38° mu masaha arenze 24



Ububabare bukabije nyuma yiminsi mike nyuma yo gukuramo inda kandi butoroshywa n' imiti igabanya ububabare



Uruzi rudasanze rusohoka mugitsina kandi runuka nabi.

NIKI WAKORA MUGIHE HABAYEHO INGORANE?



Ihutire kujya kwa muganga ako kanya.

Niba umugore akeneye ubuvuzi, **abaganga bategetswe ku mufasha**. Kuvura ingorane z' inda yavuyemo hakoreshejwe imiti ni kimwe ninda yivanyemo ubwayo. **Ntabwo byoroshye gutandukanya inda yivanyemo n' inda yavuyemo hakoreshejwe misoprostol**. Umugore ukeneye ubuvuzi ashobora kuvugako inda ariyo yivanyemo

