



OMUBAZI OGU NIGUKORA GUTA

Okwihamu enda orikukozeza Mifepristone hamwe na Misoprostol tikiyine kabi kona kandi nikyesigibwa omunsi yona obuchweka 95-98% obwo' waba obukoriise otakahikiyiise wikyi ikumi naibiri otwiire enda.

OBUJUMA KUBWAKUBA BUTAKOZIIRE



Garukamu endagyiriro yokukoresa obujuma eri ahaiguru narishi tayayira omushaho atendekeyirwe abasa kukwihamu enda arikukoresa omuringo ogundi. Hariho akabi kake munonga washaramu okuzaara obwe obeire wakoriise obujuma bwa Misoprostol kwihamu enda.



Women HelpWomen

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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

WEB: [WWW.MAMANETWORK.ORG](http://www.mamanetwork.org)



ENDA ERUGYIREMU KURUNGI?

Omukazi nobwakuba nayehurira nka'taine nda, nikyikuru munonga okuhama ku enda erugyiremu. Omukazi abaasa kuza owomushaho bakamuteka omu "scan" bwanyima yenaku ikumi aheriize kukoresa obujuma oburi kwihamu enda narishi kukiyebeza enda arikukoresa situripi zikukiyebera' nda bwanyima yesande ishata ayihiremu enda.



NIKYIKURU MUNONGA: Omukazi yaba atajweire, ningashi akajwa kakeye kusinga okwarikujwa yaba ari omukwezi narishi akasigara aine obumanyiso bwo'mukazi ayiine enda namaziima kwo nabasa kuba akyiine enda. Nahaburwa kuza omushaho omukugu akyebeze busya yaba akyiine enda.



BWANYIMA YOKWIHAMU ENDA



Bwanyima yokwihamu enda, noija kujwa ekyitarendaine okumara wikyi emwe narishi eishatu. Oijuke ngu buri mukazi ayiine enkora ye.



Toyiine kuteka ekintu kyona omubukazi, ningashi okwegeita nomushaija mpaka okujwa ahikurarekyere'ho bwanyima yokwihamu enda.



Omukazi nabasa kutunga enda endijo ahonaho bwanyima yokwihamu enda! Waba otakenzire kutwara enda bwanyima yokwihamu enda, nohanangyirizibwa okozeza omuringo gwa family planning okwentantara enda eyo tetebebanisize.

OKWIHAMU ENDA ORIKUKOZEZA

MIFEPRISTONE HAMWE NA MISOPROSTOL (NOBIKOZEZA HAMWE)





NEKOZESIBWA ETA?

Okwihamu enda orikukozesa obujuma nikyishushana nkoku rugwamu enda.



Mifepristone netangyira obusiimu bwo'mubiiri oburi kukuza enda kweyongera omumaisho. Mifepristone netegyeka nyinenda kwakyiira omubazi gwa Misoprostol.



Misoprostol nereta ebiisha, eretera nyinenda yarekurana ekyiri kureta enda yarugamu.

NOGYIKOZESA MUBWIRE KI?



It can be used up to 12 weeks, counting from the first day of the last menstrual cycle.



NOGYIKOZESA OTA OKWIHAMU ENDA?



Omukazi nayetenga akajuma kamwe ka Mifepristone (200mg) hamwe n' obujuma buna bwa Misoprostol (200mg burikamwe)



The Mifepristone nogyimirisa amaizi

Eshaha abairi nina zahinguraho, omukazi nakoresa obujuma buna obwo' arikubuteka ahansi yorurimi.



ahagati yenyino hamwe nogyihunika omwitama. Obwo orikuteeka bubiiri aharubaju rwa' bumusho na bubiri ahari buryo

Obujuma bwona buna bwiine kuhunikwa kumarira hakyiri edakyika makumi ashatu. (Obukye obukuba busigire nobasa kubumiira)



AKABI AKAKUBASA KUBAHO?



Omushaha abiri naina eziri kubanza, obubonero obu nibubasa kubaho; Esheshemi, Okutanaaka, Okwirukana, Ekitengo kyembeho nyamwingyi, omutwe okukutera ningashi orunzegyerera. Obubonero obu tibwiine kabi kahango ahamagara gomukazi kandi niburugaho omushaha nkye.



EKYIRIKUBAHO WAHEZA KUMIIRA OBUJUMA OBU?

Okuribwa omunda hamwe nokujwa okurikusinga waba ori omushoonga.



Omu bichweka 90%, enda nerugamu omushaha mukaga eziri kubanza waheza kumiira obujuma.



Okurugyirira aha bukuru bwe'nda, nikwo' nebisha birakurume ninga okworajwe.



Obujuma oburikutangyira obusasi nibumumirwa hamwe na dozi yokubanza eya Misoprostol. Obujuma bwa' Ibuprofen nibwe burikusingayo kukora gye. Paracetamol/Acetaminophen nebaasa kwongyerwaho



NOMANYA OTA NGU HABARUKAHO AKABI?



Okujwa okurengyeseerize (okwijuza padi eibiri ninga eishatu buri shaha aha kafuririzo kamani omushaha eibiri)



Ekitengo kyamaani ekirikushushana nko'mushwija okurenga omushaha abiri nina.



Obusasi/ obuhuruzi bwingyi munonga obutarikugyenda



Ekyinuko kyamaani kuruga omubukazi

HABAHO AKABI



Gyenderaho owomushaho omukugu.

Kuhakubaho akabi kona waba noyihamu enda oketagyisa kuza owomushaho nikiuru kumanya ebi. Obuhwezi obukuhebwa omukazi arugyiremu enda nibwo bumwe nobwo mukazi ayayihemu enda ahabwe. Tokabasa kubitaniisa. Mbwenu kuwakuba noyetenga obuyambi ahamushaho obaasa kumugyira oti narugwamu enda.

