



BUTSIMA BWEMITI

Inchira ya changa mifepristone hamwe na misoprostol niyakuri kutsibu ku minota mirongu kyenda na katano igetsa ku mirongu kyenda na munane igetsa mu mayinga ikumi na biri

MW'ITSIMBA MITI BISHOBO -KA?



Mukatsi agashubanya miti ya mifepristone hamwe na misoprostol kyangwa aribitira ihumeka hangaba katsiko kanyori ke tsambya e'kifuko guko nibo o'bukure bunemo mwinya e'miti.



Women HelpWomen

WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)

EMAIL: [INFO@WOMENHELP.ORG](mailto:info@womenhelp.org)

TWITTER: [@WOMENHELPORG](https://twitter.com/womenhelporg)

FACEBOOK: [WOMENHELPWOMENINTERNATIONAL](https://www.facebook.com/womenhelpwomeninternational)

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

WEB: [WWW.MAMANETWORK.ORG](http://www.mamanetwork.org)



MWIHUBYA LYANI BYASHOBOKIRE?

Nobo mukatsi ayumpfa kwa takifite bukure, manake i'hubya lyashobokire. Abiteheme – ya ku eko mwiruka o'miti. Niye kipimisa mu byemweru bishatu kyangya binne mwihubya.



BIJA: n'obo mukatsi ataki shesha kyangya hanari butisiko bwanda, abihema tu itsimba muti, kandi byanga shoboka iheka bukure. Bikibotyo miya ku eko igira – ngo bamenye kwa bukura kyangwa oya. Nobo hoyo abihema inywa muti busyasya.



WEMEMERA HUBYA



Wamemara hubya, mukatsi apashe shesha mukyumweru kiguma kyangwa bishatu, bakatsi batahutsa. Abihema inywuwa k'oyotakiremo.



Miliyingizo mu kinyo mukindu, kyangywa iswerano mupaka hyempha lishire ; ikihubya mu biro bibiri.



Mukatsi anga sama bukure palepale kyangya ahoaho na mehubya ! Izibukira bukure bwa kihutuko n'obo atashaka, nikoresa bufindo kushe.



IBUYA NA MUTI WA

MIFEPRISTONE NA MISOPROSTOL (ICHANGA BULYO)



BHAZE KO BINAGENDA?

Ihubya na bitigiri bina zuma bukure bubutwa nabi



Muti wa mifepristone gunahagarika a mechigo mwana anabamo mo kizazi igira ngo e misoprostol ghufate.



Misoprostol ghunaleta mimphunyu mo kizazi, ngutuma bukure butagira ishasha hamwe na twichi.

MPAKALYARI WA NGAKORESWA IGIRA NGO BUKURE BUTOKE -MO SAWA?



0 >>> 12

Mu bwumeru 12 bya bukure nitangira ibara mu kilo kija mbele mubiro bya mingenzo



UTE TWANGA KORESA I MITI YE TENYA MO BUKURE?



Mukatsi a hema kinini kiguma kya mifepristone 200 mcg na bine bya misoprostol 200mcg.



Ngu Mifepristone gupashe nyebwa na twaiki tuke to mu verre.

Mu masaa makumyabiri nanne gametsuka hirambo binini bya **misoprostol**



Hakati ya binyamanyama na hoshi wa mesho binini bibiri buri lunda kyangwa luhande

Ebinini binne abihema iba mo bunu minota mirongu shatu bishangira - mo, kiisha mukatsi amira ebisigire



INGO BYANGARETE KASHESHE!



Mu masaa makumwamiri nanne emiti ii ya galeta binenyutso bino: sesema, iruka, ititwa, muliro, mutwa luma, ama kasheshe koshe nigetsuka mumasaa make.



KIKI KYANGAHITA WEMERA INYWA MISOPROSTOL?

Binya kangari ne shesha sawa isumba migenzo.



Mu buhe mirongu kyenda, bukure bwanga tenga – mo mu biro ndatu.



Ko bukure abushegerayo, ne shesha ko binaenda na bishira



Bukingiritso abuhema inyebwa hamue na misoprostol, muti guringoghugho mugari. Binini nga **paracetamol** na **acetaminophere** bipashwe nyebwa.



BIMENYUTSO BIBI NI BIHE?



Ishesha mukurikivanyo mu masaa abiri kyangwa ashatu



Miliro mwingi wa mirongu shatu wa kyenda mu masaa makumyabiri nanne.



Irumwa nabi kyane mu biro bingi wa memara inywa o'muti



Ishesha binyo bija na mifuko ya byo

TUKOREKI MU HARI MBI?



Tugende chubachuba kwa hopitali

Nobo mukatsi ashaka matunzo, munganga apasha mutwala kumatunzo. Byetunza inda ya gobekire, binari sawasawa nga bukure buchire. Bikomere kutsibre itafakutitsa ibuta ya bubusi ne tengya m'obukure na mifepristone hamwe na misoprostol. Mukatsi y'oshonda itunzwa, manake akabuta busha.

