



OBUKAKAFU KU DDAGALA LINO



Misoprostol ekozesebwa abakyaala 8 ku buli 10 okujjama embuto nga teyetagisa bujanjabi bulala.

SINGA EDDAGALA LINO LIBA TERIKUKOZEKO



Ddamu doozi yonna oba laba omusawo omukugu akuyambe nga akozesa kyebayita Maunual Vacuum Aspiration (MVA). Bwoba osazewo okugenda mu maaso nolubuto lwo, eddagala lino telituusa buzibu ku mwana wo mulubuto.



EKIGENDERERWA KYANGE (EKYOKUJJAMU OLUBUTO) KYATUUKIZIZZIDWA?

Wadde nga omukyala awulira nga takyalina lubuto, kyabuvunanyi-zibwa okukakasiza ddala nti olubuto luviluddemu ddala. Omukyala ateedwa okugenda mu tivi okokeberebwa oba akyalina olubuto oluvanyuma lwa wiki 3-4 nga amaze okujjama olubuto.



Omukyala bwaba tavuddemu musayi, oba nebweguba mutono (mutono kw'ogwo ogumuvamu nga ali musonga ate nga tegwetuzze) nga kyalaga obubonero obw'oyo ali olubuto oluvanyuma rwo'kukozesa amakerenda kisoboka okuba nga akyalina olubuto. Akubirizibwa okugenda mu ka Tiivi mubwangu ddara, akakase olubuto obaa mwemuluri oba telulimu. Kiino bwekigaana asobola okudamu nakolesa amakerenda.



OLUVANYUMA LWOKUJJAMU OLUBUTO



luvanyuma lwokujjama olubuto, omukyala assubira okuvamu olusaayisaayi okumala wiki 1-3, naye nga abakyaala bwebali banjawulo, olina okukakasiza ddala nti olubuto lwavudemu.



Omukyala talina kuyisa kintu kyonna mubukyala bwe oba okwegata nomusajja, okwesonseka tampons okutuusa nga omusaayi gukendedde, waakiri okumala ennaku nga 2.



Omukyala asobola okufuna olubuto mubwangu ddala nga yakajjama olunuto! Omukyala nga tayagala kufuna mangu lubuto, asobola okukozesa enkola eyomulembe eyekizaala ggumbaak-wewala okufuna olubuto lwategekede.

CONTACTS

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TWITTER: [@WOMENHELPORG](https://twitter.com/womenhelporg) FACEBOOK: [WOMENHELPWOMENINTERNATIONAL](https://www.facebook.com/womenhelpwomeninternational)

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

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OKUJJAMU OLUBUTO MUNGELI ETALINA BULABE NGA OKUZESA MISOPROSTOL



MISOPROSTOL, KYEKI?

Ddagala (makerenda) elikozesebwa munsu yonna okujjama embuto, nokujjanjaba amabwa gomulubuto (alusazi). Litundibwa mu maduuka geddagala mu manya nga, -Cytotec, isovent, Misoclear, misofem, cyrus or tomispral. Mu mawanga ga Africa agasinga lyawandisibwa okujjanjaba abakyaala abavamu omusayi ogususse oluvanyuma lwokuzaalala.





MISOPROSTOL,

AYINZA KOZESEBWA KI?

Okujjama embuto nga tekirese bulabe Okujanjaba embuto ezitaweddemu Okuziyiza okuvaamu omusayi ogususse oluvanyuma lwokuzala oba okuvaamu olubuto Oba okujanjaba amabwa gomulubuto (alusazi)

LIKOLA LITYA?

Edagara Misoprostol ligaziya nabaana, negonda nga omumwa gwa nabaana bwegwegurawo, oluvanyuma olubuto lutandika okuvamu.

OSOBOLA KULIKOLESA DDI OKUJAMU OLUBUTO?



Esobola kukora mu naku kuminabiiri, okuva kulunaku olusoka lwewasembayo mu songa zabakyala.



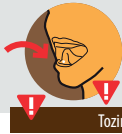
AKOZESEBWA ATYA OKUJJAMU OLUBUTO?



Awamu, omukyala yeetaga empeke 12, zalina okozesa mu dozzi 3 nga buli dozzi yampeke 4 buli oluvanyuma lwe saawa 3



Teeka empeke 4 wansi wolulimi,

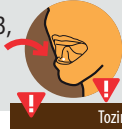


okumala eddakika 30

Tozimira, zireke zimulunguke



Oluvanyuma lwessawa 3, ddamu oteeke empeke 4 wansi wolulimi



okumala eddakika 30

Tozimira, zireke zimulunguke



Era oluvanyuma lwessawa 3, ddamu oteeke empeke 4 wansi wolulimi



okumala eddakika 30

Tozimira, zireke zimulunguke



Olubuto bweruba nga teruvudemu oluvanyuma rwesawa esatu, kisoboka okweyongera dozi yemu buri luvanyuma rwesawa esatu mpaka weluvamu.



BIKI BYOSUBILA OKUYITAMU OLUVANYUMA LWOKOZESA EDDAGALA LINO?



Ebisa ebyamanyi nokuvaamu omusayi mu bukyala okusinga ku gwomukyala nga ogenze munsonga



Abakyala abakozeza eddagala lino, ebitundu 80 ku buli 100, mu ssawa 24 olubuto luba luvuddemu Egganga omukyala



Iyamala nolubuto, ela nobungi bwomusaayi okweyongera



Amakerenda ga Ibuprofen agakendeza kubulumi gamilibwa wamu ne dozi esoka eya Misoprostol. amakerenda ga **Paracetamol/acetaminophen** gasobola okwongerwako.



EMBEERA GYOYINZA OKUFUNA NGA SIYA BULIJO



Oluvanyuma lwe ssaawa 24, oyinza okulaba bino wammanga. Okusindikirirwa emmeeme, okuseses-ma, okuddukana, omusujja gwakitongo, okulumwa omutwe, kamunguluze bino tebyeralikiriza, biggwawo mu ssaawa ntono nyo



OBUBONERO OBULAGA SINGA WALIWO OBULABE?



Okuvaamu omusaayi omungi mu bukyala nga guwezza ebiwero nga 2 oba 3 buli ssaawa okusuka essawa 2 oba 3 ezomidiliganwa.



Omussujja oguleta ebbugumu erisuse diguli 39 oba 38 okusuka essawa 24.



Obulumi obutakendeera mu nnaku ntono oluvanyuma lwokozesa eddagala elikakanya obulumi oluvanyuma lwe naku nga okozeseza edagala.



Okuva amazzi mubukyala agatali ga buliijo ate nga gawunya bubi

OLINA KOLA OTYA SINGA OFUNA EMBEERA NGA SIYA BULIJO?



Gendawo mudwalilo

Singa wabaawo obuzibu bwonna, omusawo mu ddwaaliro alina obuvunanyizibwa okukuwa obujanjabi mu bwangu ddala nga bwekisoboka. Obujanjabi obulina okukuwebwa bufananira ddala obwo obuwebwa omukyala avudeemu olubuto. Kizibu okwawula olubuto lwogyemu ne Misoprostol oba Mifeprostone noluvuddemu lwokka. Omukyala eyetaga obujanjabi asobola ogamba nti olubuto luvudemu lwoka.

