



MAGALA YA MUTI



Misoprostol gwete
kola ku sibira zimi ku
bakazi 9 juu ya 10

KUZILA BIKI BIZANGA ZIMI LISASHAGA?



Mukazi angashubilila
muti
Kuyoneka kwa
kyamuda kuli kunini
bizanga zimi lishaga
mu kunya muti



Women HelpWomen
WEB: [HTTPS://WOMENHELP.ORG/](https://WOMENHELP.ORG/)
EMAIL: INFO@WOMENHELP.ORG
TWITTER: @WOMENHELPORG
FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
WEB: WWW.MAMANETWORK.ORG



KA ZIMI LYANI LYA SHAGA?

Kiri mukazi atenyuva asihete kandi zimi, buli bushoga
kumanya kama kyaba muda kya shanga, agagila
échographie, akimala kunywa miti ? Kipimo kye zimi yinga
3 ao 4 kuhembera kushaga kwa zimi.



BIKWANINE: Yahika mukazi asashaga muko ao washaga
muko munini kuhembela kunywa muti, ingahikila zimi
kusashaga, bigahuna ayengine échographie lumbu lwa
kumanyikiza kama zimi lwi munda anganya kandi muti.



KUHEMBERA ZIMI KUSHAGA



Zimi kushaga mukazi angangendeleta na kushaga muko
inga 1 ao 3, bakazana boshi bahimirane, bushoga umanye
kama zimi lya shaga



Ufundu kindu mukishundi, kulumana kete, kuleza mazi
kete kuhembera muko ku kanike tuju ba 2 bunda(zimi)
kushaga na muti



**Mukazi angaheka zimi rindi hao hao rya mbere
kufuma.** Kuhimangisa kusaheka zimi, kolesa indi njila ya
kusaheka zimi hao hao.



KUSAZA ZIMI NA MUTI MISOPROSTOL

MISOPROSTOL, KYEKI?

Guri muti gwetekola
kihugo kyoshi lumbu
lwa kusaza zimi
bushoga na kubuka
bihando bya munda.
Yetekunzwa kuzina
lye: cytotec, isovent,
misoclear, misofem,
cyrux ao tomispral
mumbuga nytinga za
afrika, yetezibira na
kubuka kushaga muko
mwingu mukubuta





MISOPROSTOL,

LUMBU LWA BIKI

Kushaza kwa zimi mukalembe, kubuka kusaza zimi kushaga kwa zimi kubaya(kukwiza kushaga kwa zimi kubaya) kuzibila na kubuka kushaga muko, kushaga muko mwinci kasha kubuta na buyando bye munda

YETE ZATA VINI?

Misoprostol yete retesa kushaga kwa zimi kubika bwashi kirimunda kishage

KUHEMBERA TUYUBA

TUNGA LUMBU ZIMI

RISHAGA NA KALEMBE?



Tuhumba 12 za mbere za bunda(zimi) kurarura lusiku lwa kwanza lwanjiraya babuguma



VINI UNGATUMIKISHA MISOPROSTOL KUSAZA ZIMI KUSHOGA?



Mukazi anganywa binini 12, kubinywa mara 3 kuyanga binini 4 kisha kuhembera saa 3



3h



Kubika binini 4 bya misoprostol mukanya, kuleka bijunguluke, apana kumila kuhembera dakika 30
! apana kumira, leka bijunguluke



Kisha saa 3 bika kandi binini 4 mu kanwa, unahembere kandi dakika 30



30 min



Kisha saa 3 bika kandi binini 4 mu kanya unahembere kandi dakika 30



30 min



Na kama zimi lisashaga mu saa 3 za bupalika muti mubuguma anganywa gundi muti kuhebelia zimi kushaga



BIKI BIGAHKA KUMUBUGUMA WANYWA MISOPROSTOL?



Kigazi na kushaga muko mwinci



Kubandu 80% zimi riyyete shaga mu saa 24 za kubalika muti



Kugenderera kwa zimi mubuguma aga shagwa na muko mwinci



Anganywa miti ya kutabala kurina bizaga lwanyeva ao wahanza kunya misoprostol. **Ibuprofène** gurimuti guhete magala. **Paracetamol/ acétaminophène** anganywa



BINGAHIKIRA KISHA KUNYWA MUTI



Saa 24 kisha kunywa muti anganyua : sarambu kushala ao kuluka, kuhara. Homa ya 38° mutwe kuryana na mangala kuwa mu mwego. Hibyo byoshi bisigatinda



BIKI BINGA LETEZA BOBA ?



Kushaga muko mwinci(kuiuzu milembe 2 ao 3 ya muka kuhembera saa 2 ao 3)



Foma ngulu kulenga 390, 380 mu bizanga bya saa 24



Kulyana kukayu siku nydingi kisha zimi kushaga na kalemba kasigaba kete kuliuywe muti



Kuzimiza bushoga na bunonobwa kishudi

KUZILA VINI KAMA BYAYABIRANA?



Kulikuya bona babuki bila kuhebelia

Kama mukazi atesima kubukwa kusawemiza bizanga babuki lulingemukazi wabuta kubaya. Biribikaye kumanya kubuta kubaya na kusaza zimi na muti misoprostol. Mukazi asimile kubukwa anga leta asabuta bushoga