



## KUBI K'OMUTI?



Misoprostol gunakora igira – ngo guyimanike inda kyenda ku bakatsi kumi.

## TUKORE-KI NOBO IHUBYA BITABERE?



Mukatsi agoshube-nya bititigiri, hari katsiko kake ketsambya o'mwana, o'bukure n'ibwabo-mo.



Women HelpWomen  
WEB: [HTTPS://WOMENHELP.ORG/](https://WOMENHELP.ORG/)  
EMAIL: [INFO@WOMENHELP.ORG](mailto:INFO@WOMENHELP.ORG)  
TWITTER: @WOMENHELPORG  
FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).  
WEB: [WWW.MAMANETWORK.ORG](http://WWW.MAMANETWORK.ORG)



## BYASHOBOKIRE BUTAHUBYA?

Nobo mukatsi ohurikya gwatakifite bukure, mubwira kwi hubya lijabere. Abihemeya ku echo wametosa – mo o'bukure, bya byumueru bishatu kyangwa binne.



**KURI:** nobo o'mukatsi atasheshire, kyangwa tuke, kyagwa bimenyutso byando, abishoboka ko angagira kukure. Abimuhema eyak u echo igirango ya bareba ko o'bukure a bukure kyangwa oya. Nobo atabichamo anywe muti bushasya.



## AME HUBYA?



Ame hubya, mukatsi anga kometsa ishesha tuketuke kyumwerie kyangwa bishatu, bakatsi batahutsa. Abihema imenya kuko ahubitsa.



Nutimpfurike m'okinyo ma-kindu, kyangwa iswerana bubere amare sesha mu biro bibiri bwame toka mo.



### Mukatsi angha sama bukure palepale amemara ihubya!

Nobo tashaka iheka bukure chubachuba, abihema ikoresa ka kingiritsa ni mwawe.



## IHUBYA NA MITI YA MISOPROSTOL

### MISOPROSTOL, NIKI?

Ni muti gho banakolesa musi nzima ighira ngo bagile tengya m'obukwa netunza kutsibu.

Ghunagutswa m'ufarmasi ku matsima gha bashurutsi gano: Cytotec, Isovent, Misoclear, MisoFem, Cyrux kyanga Tomispral.

Mu bihugho bingi bya afrika yuwa kingiritsa we tunza l'hubya.



## MISOPROSTOL,

### MU KURIKI?

I hubya necha. Itunza bubera kyanga ibouta lya bebesi (iyenetsa bukure) I kikiritsa ne tunza muna wa tsukire (HPP) ise sha kyane mame buta. I tunza ulceres gastrique

### BINA GHENDO-TE?

E misoprostol yina leta butoto mu ruhaghone susya a kashoshe ki kizazi, katokeramo ibuta nabi.

### MBAKA LYARI WA NGOKORESWA I'TENGYA MO BUKURE SAWA?



Mu byumweru kumi na bibiri ya bukure itangira mumusi we murisho wa mingezo.



## NIKOLESAA BATE MISOPROTOL ITEGYA M'OBUKERE?



Mukatsi a hema binini kumi na bibiri, ifata byo kashotu, na bindi bine, mu masaa shatu.



I hira binini binne bya misoprostol hoshi gho lulimi mu minota ma



makumyashatu, buta mira, bishonga.



Hemetsuka masaa shatu, ushubi hira binini binne hostri gho lulimi mu minota



maku myashatu, butamira na tuchondwe.



Hametsuka masaa shatu, hira binini binne hoshi gho lulimi yu minota



maku myashatu butanira wo tuchondwe



Nobo o'bukure butoto hiremo mu masaa shatu, mukatsi oghokeresa bundi bulyo na bufundo mu masaa, yitenga-mo.



## HE HIZA KI WAWE MARA IKOLESA MISOPROSTOL?



Mitingito nempha marasho isumba migheurezo



M'umanota mirongu nane, itegya m'obukure binahita mu masaa makumyabiri nanne.



Kobukure kwa bushengerayo mukatsi akagire shesha kyare.



Bye kingiritsa o'bubare byangafata mwarisa muinya muti wambere wa misoprostol. Tumini twa paracetamol na acétaminophore twango koreswa.



## BINDI BIBI BITOTO?



Mu masaa makumyabire nane, yenwa muti hangayicha ghundi bukosi: SESEME, Iruka, ihitwa, muliro, mutwe, ne mpfunagurika. Ebyoshe -bi ni byetsuka mu masaa make.



## NGABIKI TENA BHITSIBHU?



Ishesha mukirikiranyo, kabiri ka shatu, mu masaa biri kyagwa a'shatu.



Muliro mwingikyane mumasa makumyari nanne.



I numa nabi kyane mumisa mingi butanya wa tumisi.



Ihetsa kinyo kija neleta bunuke

## TUKORESE BIRI NGABYAYANGIRA?



### Igenda chubahuba k'uhopitalo

Hari mukatsi y'oshonda muti, mu nagnga agombe ikishigikiraye. I kurikira muti ku bukure bubi, byayongire muti, Buri munjira bye toka m'onabi. A bi hema menya ibuta nabi na hubya na misoprostol; mukatsi yo Shonda matunzo manake ubuta nabi.