



#### TIM MËN DAM



Misoprostol yara tɔn kurɔbu 9 n guraa yarewa 10 CCS



#### NËN GURAA YARABU WËRA ?

Baa tɔn kura ù n wa ma u n maa guraa mɔ, n weenɛ u kasu ù wa guraa yara bi bù n koora deedee. N weenɛ u da bù wii mëeri dokotorowɔ n kùn më u kasu u wa ù n guraa mɔɔ arusuma 3 n kun më itan biru.



#### SANAM MË TIM MUN SOMBURU KUE



Tɔn kurɔ u koo kpí u wure ù tim me nɔ. Yen yinabu kùn dabi guraa sɔɔ ban me nɔra.



#### GURAA YARABUN BIRU



Guraa yarabun birun, kurɔ wi u koo kpí u n yem wiimö piiko sere ka arusuma 2 n kun më 3, aruma kurɔba wunane. N weene bù tubu më guraa ya yaraa.



A ku gāanu duke tɔn kurɔrun sɔɔwɔ, n kun më a tɔn duri ko sere yem wiibü bù kà yra nde sɔɔ yirun saka.



**Tɔn kurɔ u koo kpí u guraa kpaa sua , guraa yarabun biru!** Bù kù kà guraa kpaa sua, n weene bù marùbu dangarun swaa kpe.



Women HelpWomen

WEB: [HTTPS://WOMENHELP.ORG/](https://WOMENHELP.ORG/)

EMAIL: [INFO@WOMENHELP.ORG](mailto:INFO@WOMENHELP.ORG)

TWITTER: @WOMENHELPORG

FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).

WEB: [WWW.MAMANETWORK.ORG](http://WWW.MAMANETWORK.ORG)



#### GURAA YARABU KA TIM MË BA SOKA MISOPROSTOL

#### MISOPROSTOL, MBA BA SOKA MË?

Tima më ba ra dendì andunia giraa sɔɔ bù kà guraa yara kpa bù kà nuku boo kpeesia. Ba më dɔramɔwa tim gbabusɔɔ kpa fɔeriba sɔɔ nde : cytotec, isovent, Misoclear, Misofem, cyrux n kun më Tomispral. Tɔn wɔko kpaarun tem dabingu sɔɔ, ba më tireru kua bù kà sɔɔsi sɔmbu te mu ra ko.



### MISOPROSTOL, MBAN SÕ?

Guraa yarabu  
deedee scc.  
bii mèron  
bwaa dobu  
marùbun biru  
n kun mè guraa  
yan yina. Yem  
wibun yankubu  
marùbun biru.  
Nuku boon  
barasiabu.

### AMCNA YARA KÀ SII SINÉ?

Misoprostol yara  
marutuu kà tñ  
kurru somburu  
koosiewaa kpa  
yù guraa baari  
sanam mè sccwa  
ya ra ko nde ya  
yina

### SERE KA DOMMA BA KOO MÈ DENDI BÙ KÀ GURA YARA?



Guraan arusuma  
12 scc saa min di  
ba noma nenua



### AMCNA BARA KA TIM MÈ DENDI MU KA SOMBURU KO DEEDEE?

Tim wasi 12n bukaatawa tñ  
kurç u mç. kpa u n mè mwæemæ  
ita itan nõm ita



Bù tim wasi 4 duke  
yaran temç, bù kù mwæ,  
mu yanda.



Købaa 4n biru, bu  
kpan tim 4 duke yaran  
temç kpa mu yanda



Købaa 4n biru, bu  
kpan tim 4 duke yaran  
temç kpa mu yanda



Ma købaa 3n biru guraa ya n yara,  
ba koo ma kpí bù tim mè wure bu  
dendi sere yù kà yari.

### TIM MÈN DENDIBUN BIRU, MBA N KOO KOORA?



Wasi wiriribu  
kà yem wibu  
n kere nde  
nõm nenubu



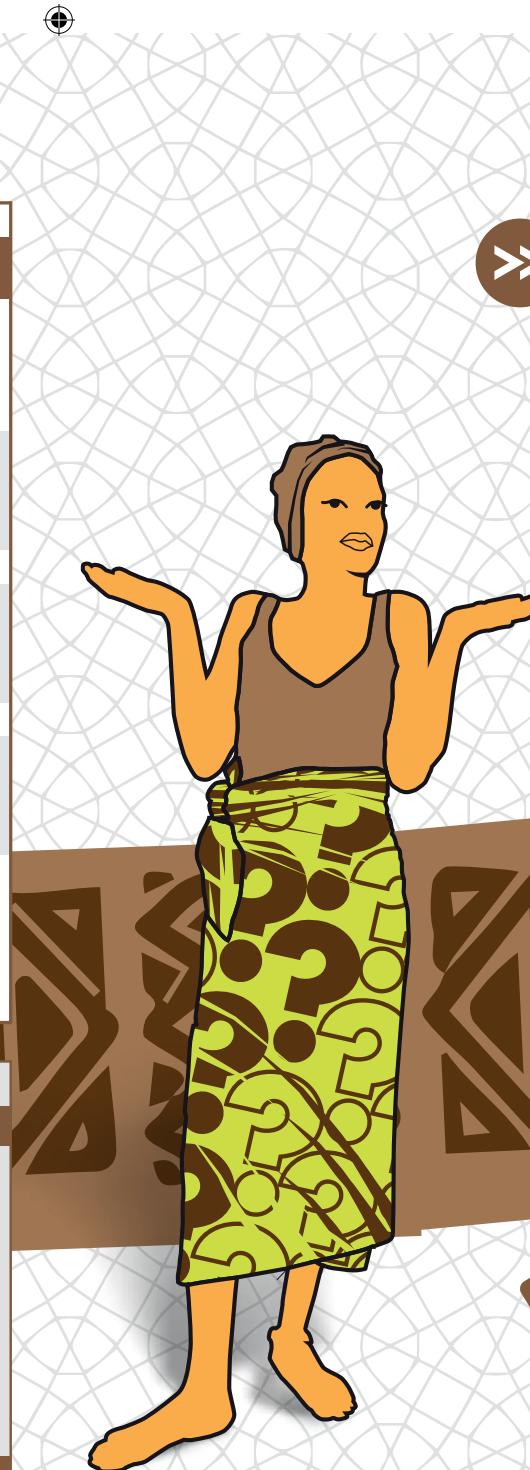
Nõm dabiru,  
tñ gírrira  
guraa ra ko  
yù sere yari



Mè guraa ya  
teebu nera,  
mena tñ  
kurç u koo  
kpí u yem wib



Wasi sëson tim mu koo kpí mu nõrura  
sanam mè ba misoprostol  
nõm gbiikiru. Ibuprofene yera ya kere.  
Paracetamol kà acetaminophene tii ba koo  
kpí ye dendi.



### YA KOO KPÍ YU KA GARI KPÉ NA



Tñ girirun baa scc, tñ nõm u koo  
kpí u demisu wa nde : sianu,  
kesukubu, wasi sundu, wii soberu.  
Ye kpuro yan gãanu ganu mç. ya  
koo doona a mèn biru.



### WASARA YERA YA KOO KPÍ YÙ NA?



Yem wibakabu (kiasu 2 n  
kun mè 3 dendibu købaa 2 n  
kun mè 3 n baa scc)



Wasi sëscc sñc dabiru scc



Wiriri bakabu guraa yarabun  
birun bi tim min kpeesie



Tñ kurrun sëscc kà ten  
nubu kôsru

### MBA BA KOO KO BÙ KÀ YE YANKU ?



**Bù ya dokotoro da**

Tñ kurç ù n dokotoron bukaata mç, n  
weené dokotoro bù wii nõciri yellu. Guru  
yarabun wasara sâawa nde guraa ya  
n yinamç. Ba n kpé bù guru yarabu kà  
guru sankirabu wunana ma ba tim ma  
soka misepristol kà misoprostol denda.  
Tñ kurç wi u dokotoron bukaata mç u  
koo kpí u nõe guraa ya yinamçwa.