



KUTHANDIZA KWA MANKHWALA



Misoprostol imagwira ntchito yochotsa mimba mwa amayi 9 aliwonse mwa 10 aliwonse

NGATI MANKHWALA SAMAGWIRA NTCHITO



NGATI MANKHWALA SAMAGWIRA NTCHITO

Bwerezani kuchotsa mimbayo pobwereza Kuchotsa Mimba na Misoprostol Yekha kapena pochotsa Pamanja Aspiration (MVA). Pali chiopsezo chochepa kwambiri chokhala ndi vuto lobadwa ngati mimba ipitilira mutatha kumwa Misoprostol.



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KODI KUCHOTSA MIMBA KWANGA KUNABWINO?

Ngakhale mayi ataona kuti salinso ndi pakati, ndikofunikira kuwonetsetsa kuti kuchotsa mimbayo kwayenda bwino. Azimayi ayenera kuchita ultrasound pambuyo kuchotsa mimba kuchipatala kapena kuyezetsa mimba 3-4 masabata pambuyo kuchotsa mimba.



ZOFUNIKA: Ngati mayi sakukhetsa magazi, akutuluka magazi pang'ono (ocheperako poyerekeza ndi msambo komanso opanda kuundana) kapena akupitiriza kukhala ndi zizindikiro za mimba atagwiritsa ntchito mapiritsi ndizotheka kuti akadali ndi pakati. Ayenera kupanga ultrasound mwamsanga kuti aone ngati mimba ikupitirira kapena ayi, ngati izi sizingatheke akhoza kugwiritsanso ntchito mapiritsi.



ATACHOTSA MIMBA



Pambuyo pochotsa mimba, mayi ayenera kuyembekezera kutuluka magazi pang'ono kwa masabata 1-3, koma mkazi aliyense ndi wosiyana.



Amayi amalangizidwa kuti asamalowetse kalikonse mu nyini (tampons), kusamba ndi kugonana mpaka kutaya magazi kwambiri kutha, pafupifupi kwa masiku awiri, mutachotsa mimba ndi mankhwala.



Mayi akhoza kutenga mimba atangochotsa mimba! Ngati sakufuna kutenga mimba nthawi yomweyo atha kuyamba njira yabwino yolerera kuti apewe kutenga mimba yatsopano.

KUCHOTSA MIMBA KWA MANKHWALA NDI MISOPROSTOL



MISOPROSTOL NDI CHIYANI ?

Ndi mankhwala omwe amagwiritsidwa ntchito padziko lonse lapansi pochotsa mimba komanso kuchiza zilonda zam'mimba. Amagulitsidwa m'ma pharmacies pansu pa mayina a Cytotec, Isovent, Msoclear, MisoFem, Cyrux kapena Tmispral. M'maiko ambiri a mu Afrika amalembedwa m'kaundula wa kuchiza ndi kuletsa kutaya mwazi kochuluka pambuyo pobereka.





MISOPROSTOL, KODI INGAGWIRITSE NTCHITO CHIYANI?

Kuchotsa mimba motetezeka. Kuchotsa mimba pambuyo padera ndi chisamaliro pambuyo pochotsa mimba (kumaliza kuchotsa mimba kosakwanira). Kupewa ndi kuchiza kutuluka kwa magazi pambuyo pobereka (PPH - kutaya magazi kwambiri pambuyo pobereka). Ntchito kupewa chapamimba chilonda.

ZIMACHITITSA BWANJI?

Misoprostol imapangitsa kuti chiberekero chigwirizane, chimafewetsa ndikutsegula khomo lachiberekero, zomwe zimayambitsa njira ngati kupititsa padera.

KODI INGAGWIRITSE NTCHITO LITI KUCHOTSA MIMBA KWABWINO?



M`nthawi ya 12 milungu mimba kuwerengera kuyambira tsiku loyamba la otsiriza msambo.



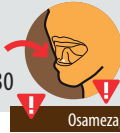
KODI ZIMACHITIKA BWANJI KUCHOTSA MIMBA?



Mayi amafunika mapiritsi 12. Misoprostol iyenera kumwedwa pa mlingo wa mapiritsi 4 maola atatu aliwonse:



Ikani mapiritsi 4 a misoprostol pansi pa lilime Kwa mphindi 30



Osameza, mulole kuti asungunuke



Pambuyo pa maola atatu ikani mapiritsi ena 4 pansi pa lilime kwa mphindi 30



Osameza, mulole kuti asungunuke



Pambuyo pa maola atatu ikani mapiritsi ena 4 pansi pa lilime kwa mphindi 30



Osameza, mulole kuti asungunuke



Ngati kuchotsa mimba sikunachitike patatha maola atatu, mayi atha kumwanso maora atatu aliwonse mpaka atachotsedwa.



KODI INGAYENDE CHIYANI AKAGWIRITSA NTCHITO MANKHWALA?



Kutupa ndi kutuluka magazi kunyini kuposa nthawi ya msambo



Mu 80% ya milandu, kuchotsedwa kwa mimba kumachitika m`maola 24 oyambirira



Mayiyi akakhala ndi pakati nthawi yayitali, m`pamenenso kutuluka magazi ndi kukokana kumachulukirachulukira



Mankhwala opweteka amatha kutengedwa nthawi imodzi ndi mlingo woyamba wa misoprostol. Ibuprofen ndiyothandiza kwambiri. Paracetamol/acetaminophen itha kugwiritsidwanso ntchito.



ZOCHITIKA ZONSE



M`maola 24 oyambirira zizindikiro zotsatirazi zikhoza kuchitika: nseru, kusanza, kutsegula m`mimba, kutentha thupi kapena kuzizira kapena kuzizira, kupweteka mutu ndi / kapena chizungulire. Ma side-effets awa sizowopsa ndipo amatha pakangotha maola ochepa



KODI ZIZINDIKIRO ZOCHENJEZA (ZOVUTA) NDI CHIYANI?



Kutaya magazi kwambiri (mapadi awiri kapena atatu odzazidwa pa ola kwa maola awiri kapena atatu motsatana)



Kutentha kwakukulu kopitilira 39 Celsius kapena 38 Celsius kwa nthawi yopitilira 24h

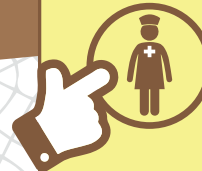


Kupweteka kwamphamvu komwe sikutha ndi mankhwala oletsa ululu patangopita masiku ochepa mutamwa mankhwala



Kutuluka konunkha, kumaliseche kwachilendo

ZOYENERA KUCHITA MWAVUTA?



Pitani mwamsanga kuchipatala.

Pakakhala ngozi yadzidzidzi, ogwira ntchito zachipatala ali ndi udindo wosamalira munthuyo munthawi yake. Chithandizo cha zovuta ndi chimodzimidzi ndi zovuta pambuyo popita padera. **Sizingatheke kuwona kusiyana pakati pa kupita padera ndi kuchotsa mimba kochititsidwa ndi misoprostol.** Mayi amene akufunika chithandizo chamankhwala anganene kuti wapita padera.

