



ARUMORU NKE OGWU A



Misoprostol na - aru oru
iji kwusi afo ime na -
enweghi mkpa nlekota
ahike gbasara ihe di ka
asato n'ime umu nwanyi
iri.

O BURU NA OGWU AHU ADIGHI ARU ORU



Tegharja ime ahụ site
na ijighachi mifepris-
tone na misoprostol
ma o bu site na inweta
Manual Vacuum
Aspiration (MVA).

E nwere obere ihe ize ndu
nke mmeru nwa ma o
buru na afo-ime ga n'ihu
oge inuchara misoprostol.



IWEPURU IME M OGARA NKE OMA?

Ma o buru na nwanyi ahụ eche na o dighi ime ozo, o di mkpa
iji hu na nwepu ime ahu-gara nke oma. Nwanyi kwesiri ime
ihe ultrasound mgbe o wepucharara ime ahụ ma o bu mee
nyocha ime nwa mgbe izu uka atu ma o bu ano gachara o
wepuru ime.



MGBE E WEPUCHARA IME



Mgbe e wepuchara ime, nwanyi kwesiri itu anya
obere obara ogbugba ruo e out izu uka na izu uka
ato, ma nwanyi o bu la di ihe. N'ikpeazu, nwanyi
ahụ kwesiri l yocha hu na ime ahu gara nke oma.



N dumodu a na e nye nwanyi bu ka ha ghara itinye
ihe o bu la n'ime ikpu (tampons), l sa ahu na
mekorita nwoke na nwanyi ruo mgbe obara
ogbugba kwesiri ihe dika abali abuo, mgbe l
mepuchara ime ahu.



**Nwanyi nwere ike l di ime ozugbo
o wepuchara ime!**

O buru na ochaghi l di ime ozugbo o wepuchara
ime nwanyi nwere ike ibido ihe mgbochi ime iji
gbochie ime ohuu o na a choghi.



CONTACTS

Women Help Women
WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)
EMAIL: [INFO@WOMENHELP.ORG](mailto:info@womenhelp.org)

TWITTER: @WOMENHELPORG
FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
WEB: [WWW.MAMANETWORK.ORG](http://www.mamanetwork.org)

Trust for Indigenous Culture and Health (TICAH)
WEB: [WWW.TICAHHEALTH.ORG](http://www.ticahhealth.org) TWITTER: @YOURAUNTYJANE
EMAIL: LISTENING@TICAHHEALTH.ORG FACEBOOK: AUNTY JANE HOTLINE



WEB: [WWW.GIWYNN.ORG](http://www.giwynn.org)
FACEBOOK:
[HTTPS://WWW.FACEBOOK.COM/GENERATIONINITIATIVEFORWOMENANDYOUTHNETWORK](https://www.facebook.com/generationinitiativeforwomenandyouthnetwork)
TWITTER: @GIWYNIGERIA

IJI
MISOPUROSTOOLU
ETE IME



MISOPUROSTOOLU GINI KA O BU?

O bu ogwu a na-eji ete
ime ma na-agwokwa oria
osa n'owa niile gbaa
gburugburu. A na-ere ya
n'ulo ahia mkpurogwu
n'aha Cytotec, Isovent,
Misoclear, Misofem, Cyrux
ma o bu Tomispral.
N'otutu mba Afirika,
edebanyere ya iji gbochie
oke mgbafu obara ka a
mucharu nwa.





MISOPUROSTOOLU,

GINI KA ENWERE IKE IJI YA EME?

Ite ime na ndokwa. Igwo nwaanyi ime ya puru apu na igwo nwaanyi tepuru ime (itechapu ime na-apuchghi apu). Igbochi oke mgbafu obara ka a muchara nwa. Igwo orja osa.

KEDU KA O SI ARU ORU?

Misopurostoolu ga-akpata usoro di ka nke ime opupu nkiti. O na-emeghe onu akpanwa ma mee ka o di pekepeke, nke na-eme ka okpo nwa si apu meghee ma weputa ime ahụ.

KEDU MGBE ENWERE IKE IJI YA ETE IME NA NDOKWA?



N'izu uka itolu nke mbu nwaanyi dirj ime, site n'ubochi nke mbu nsq nwaanyi gachara.



O buru na izu uka itolu agaala, o ga-aka mma ka dokita leba anya ka na-anu ya.



KEDU KA ESI EJI YA ETE

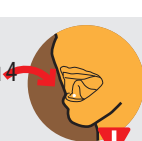
IME NA NDOKWA?



Kijumla Mwanamke anahitaji vidonge kumi na mbili vitakavyotumiwa kwa dozi ya vidonge vine (4) kila baada ya masaa matatu (3).



Dobe mkpuru misopurostoolu 4 n'okpuru ire

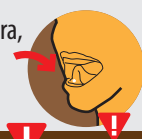


ka o noo nkeji 30.

Elokwala ya, hapu ya ka o gbazee.



Ka awa 3 gachara, dobe mkpuru 4 n'okpuru



ire ruo nkeji 30.

Elokwala ya, hapu ya ka o gbazee.



Ka awa 3 gachara, dobe mkpuru 4 n'okpuru



ire ruo nkeji 30

Elokwala ya, hapu ya ka o gbazee.



KEDU IHE ENWERE IKE ITU ANYA YA KA ANUCHARA OGWU A?



Nshiko na otu igba obara karja nke na-eme na nsq nwaanyi.



Pasenti iriano n'ime ndi ime na-apu, na-abukari site n'ime awa 24 na nke mbu.



Ka ime siri notee aka ka nshiko na igba obara nwere ike ikarjkwu.



O nwere ike iji **ibuprofen** maobu **Panadol** belata ihe ufu.



UDI IHE O NA-AKPATA



N'ime awa 24 nke mbu, udi ihe ndi a nwere ike ime: azuzu, ogbugbo, onyunyu, oke ahu oku, isi owuwa n'anyaaju. Ihe ndi a mewe so adighi njo, ha ga-akwusi n'awa ole na ole.



KEDU IHE NDI I GA-AKPACHARA ANYA YA?



Igba obara kariri akari (akwa nche obara (abuo (2) maobu (3) na-eju kwa awa n'awa 2 ma o bu ato n'ahiri).



Ahu oku (karja 39 Sesusu ma o bu 38 Sesusu) ruo ihe kariri awa 24.



Ezigbo ufu nke ogwu ufu anaghi agwo n'ubochi ole na ole anuchara ogwu ndi ahụ.



KEDU IHE I GA EJI AMA N' NSOGBU DI



Gaa na ulo oru ahuike ozugbo.

Enwe ihe mberede ahuike, o bu oru ndi ahuike ilebara onye ahu anya n'oge. Ogwuogwu maka nsogbu a bu otu ihe ahuike maka nsogbu mgbe ime puru n'ike. A dighi enwe ike ihu ndiiche di n'etiti ime opupu na ite ime na mifepristone na misoprostol. Nwanyj nke chorq enyemaka ndi ahuike nwere ike isi na o nwere ime opupu n'ike.

