



ARUMORU NKE OGWU A



Misoprostol na - aru oru iji kwusi afo ime na - enweghi mkpa nlekota ahuike gbasara ihe di ka asato n'ime umu nwanyi iri.

O BURU NA OGWU AHU ADIGHI ARU ORU



Teghari ime ahụ site na ijighachi mifepristone na misoprostol ma o bu site na inweta Manual Vacuum Aspiration (MVA).

E nwere obere ihe ize ndu nke mmeru nwa ma o buru na afo-ime ga n'ihu oge inuchara misoprostol.



IWEPU IME M OGARA NKE OMA?

Ma o buru na nwanyi ahụ eche na o dighi ime ozo, o di mkpa iji hu na nwepu ime ahu-gara nke oma. Nwanyi kwesiri ime ihe ultrasound mgbe o wepucharara ime ahụ ma o bu mee nyocha ime nwa mgbe izu uka atu ma o bu ano gachara o wepuru ime.



MGBE E WEPUCHARA IME



Mgbe e wepuchara ime, nwanyi kwesiri itu anya obere obara ogbugba ruo e out izu uka na izu uka ato, ma nwanyi o bu la di iche. N'ikeazu, nwanyi ahụ kwesiri i yocha hu na ime ahu gara nke oma.



N dumodu a na e nye nwanyi bu ka ha ghara itinye ihe o bu la n'ime ikpu (tampons), I sa ahu na mekorita nwoke na nwanyi ruo mgbe obara ogbugba kwusiri ihe dika abali abuo, mgbe I mepuchara ime ahu.



Nwanyi nwere ike I di ime ozugbo o wepuchara ime!

O buru na ochaghi I di ime ozugbo o wepuchara ime nwanyi nwere ike ibido ihe mgbochi ime iji gbochie ime ohu o na a choghi.



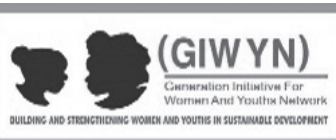
CONTACTS

Women Help Women
WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)
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TWITTER: @WOMENHELPORG
FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
WEB: WWW.MAMANETWORK.ORG

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FACEBOOK:
[HTTPS://WWW.FACEBOOK.COM/GENERATIONINITIATIVEFORWOMENANDYOUTHNETWORK](https://www.facebook.com/generationinitiativeforwomenandyouthnetwork)
TWITTER: @GIWYNIGERIA

IJI MISOPROSTOOLU ETE IME



MISOPROSTOOLU GINI KA O BU?

O bu ogwu a na-eji ete ime ma na-agwokwa orja osa n'awa niile gbaa gburugburu. A na-ere ya n'ulo ahia mkporogwu n'aha Cytotec, Isovent, Misoclear, Misofem, Cyrux ma o bu Tomispral. N'otutu mba Afirika, edebanyere ya iji gbochie oke mgbafo obara ka a mchara nwa.





MISOPUROSTOOLU,

GINI KA ENWERE IKE IJI YA EME?

Ite ime na ndokwa. Igwo nwaanyi ime ya puru apu na igwo nwaanyi tepuru ime (itechapu ime na-apuchghi apu). Igbochi oke mgbafu obara ka a muchara nwa. Igwo orja osa.

KEDU KA O SI ARU ORU?

Misopurostoolu ga-akpata usoro di ka nke ime opupu nkiti. O na-eme ghe onu akpanwa ma mee ka o di pekepeke, nke na-eme ka okpo nwa si apu meghee ma weputa ime ahụ.

KEDU MGBE ENWERE IKE IJI YA ETE IME NA NDOKWA?



N'izu uka itolu nke mbu nwaanyi diri ime, site n'ubochi nke mbu nsu nwaanyi gachara.



O buru na izu uka itolu agaala, o ga-aka mma ka dokita leba anya ka na-anu ya.



KEDU KA ESI EJI YA ETE

IME NA NDOKWA?



Kijumla Mwanamke anahitaji vidonge kumi na mbili vitakavyotumiwa kwa dozi ya vidonge vine (4) kila baada ya masaa matatu (3).



Dobe mkpuru misopurostoolu 4 n'okpuru ire



ka o nọ nkeji 30.

! Elokwala ya, hapu ya ka o gbazee.



Ka awa 3 gachara, dobe mkpuru 4 n'okpuru



ire ruo nkeji 30.

! Elokwala ya, hapu ya ka o gbazee.



Ka awa 3 gachara, dobe mkpuru 4 n'okpuru



ire ruo nkeji 30

! Elokwala ya, hapu ya ka o gbazee.



KEDU IHE ENWERE IKE ITU ANYA YA KA ANUCHARA OGWU A?



Nshiko na otu igba obara karija nke na-eme na nsu nwaanyi.



Pasenti iriano n'ime ndi ime na-apu, na-abukari site n'ime awa 24 na nke mbu.



Ka ime siri notee aka ka nshiko na igba obara nwere ike jkarikwu.



O nwere ike iji **ibuprofen** maobu **Panadol** belata ihe ufu.



UDI IHE O NA-AKPATA



N'ime awa 24 nke mbu, udi ihe ndi a nwere ike ime: azuzu, ogbugbo, onyunyu, oke ahu oku, isi opuwa n'anya aju. Ihe ndi a mewe so adighi njo, ha ga-akwusi n'awa ole na ole.



KEDU IHE NDI I GA-AKPACHARA ANYA YA?



Igba obara karija akari (akwa nche obara (abuo (2) maobu (3) na-eju kwa awa n'awa 2 ma o bu ato n'ahiri).



Ahu oku (karija 39 Sesusu ma o bu 38 Sesusu) ruo ihe karija awa 24.



Ezigo ufu nke ogwu ufu anaghi agwo n'ubochi ole na ole anuchara ogwu ndi ahụ.



KEDU IHE I GA EJI AMA N' NSOGBU DI



Gaa na ulo oru ahuike ozugbo.

Enwe ihe mberede ahuike, o bu oru ndi ahuike ilebara onye ahu anya n'oge. Ogwugwo maka nsogbu a bu otu ihe ahuike maka nsogbu mgbere ime puru n'ike. A dighi enwe ike ihu ndiche di n'etiti ime opupu na ite ime na mifepristone na misoprostol. Nwanyị nke chorọ enyemaka ndi ahuike nwere ike isi na o nwere ime opupu n'ike.

