



KUDALILIKA KWA MAKHWALAWA



Kuchotsa mimba pogwilitsa makhwala a Misoprostol ndikodalilika sikufunika kumwanso makhwala ena ndipo pa amayi khumi omwe amwa makhwalawa amayi asanu ndi atatu safunika thandizo la chipatala.

NGATI MAKHWALA

SANAGWIRE NTCHITO TITANI



Tiyenera kumwanso makhwala misoprostol kapene kuchotsa pogwilitsa njira kuchipatala.

Ndipovuta kusunga mimba yomwe yalephereka kuchoka mutamwa misoprostol chifukwa mwana sakhalanso ndi moyo.



TINGATSIMIKIZE BWANJI KUTI MIMBA YACHOKA

Ngakhale Mayi ali ndi chitsimikizo chonse kuti mimba yachoka komabe ayenera kukayezetsa kuti atsimikize kuti mimba inachokadi ayenera kukayezetsa patahta masabata atatu kapene anayi.



MIMBA IKACHOKA



Mayi akamaliza kuchotsa mimba magazi amakhala akutuluka kumaliseche kuyambira sabata imodzi mpaka masabata atatu. Koma zimasiyana amayi ena amapanga sabata imodzi ena mpaka masabata atatu.



Amayi akulangizidwa kuti pamene amaliza kuchotsa mimba sakuyenera kulowetsa katnthu kena kalikonse kulaliseche, kusamba komanso kugonana ndi mwamuna mpaka patatha masiku awiri chichotseleni mimba.



Kodi mayi akhoza kutenga mimba ina atangomaliza kuchotsa mimba!

Mayi akhonza kutenga mimba atamaliza kuchotsa mimba ina ngati agonana ndi mwamuna asanatenge makhwala olera.



CONTACTS

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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
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KUCHOTSA MIMBA NDI MAKHWALA A MISOPULOSITO



KODI MISOPULOSITO NDICHİYANI

MISOPULOSITO ndi makhwala omwe amagwilitsidwa pa dziko lonse la pansu kwa amayi omwe akufuna kuchotsa mimba komanso amachiza matenda a zilonda za mmimba. Makhwosalawa amagulitsidwa mmalo ogulitsa makhwala mma pharmacy ndi maina osiyana siyana monga Cytotec, Isovent, Misoclear, Misofem, Cyrux kapena Tomispral. Maiko ambiri mu Africa makhwalawa amagwilitsidwa ntchito pofuna kuchepetsa kutayika kwa magazi kwa amayi a pakati pobeleka mwana





KODI MISOPULOSITO

AMAGWILITSIDWA NTCHITO BWANJI

Misopulosoto amagwilitsidwa ntchito pa njira izi, kuchotsa mimba komanso kupititsa pachabe (kuthandiza kutsilizitsa ngati mayi akuchotsa mimba). Kuchepetsa kutaya kwa magari ochulupa pamen mayi wa mimba pobereka komanso kuchiza zilonda za mmimba zomwe zimatchedwa kuti ma ansazi.

KODI AMAGWILA

NTCHITO BWANJI

Misopulosoto amapanga chimodzi modzi monga mmene mimba yomwe yachoka yokha imakhallira. Makhwalawa amafewetsa chiberekero keneko mimba imachoka.

MMENE TINGAGWILITSILE

NTCHITO MISOPULOSITO

POFUNA KUCHOTSA MIMBA



Kuwerenga masabata asanu ndi anayi (9) kuyambira tsiku lomwe munasiya kusamba. Ngati mimba ili yopitilira masabata asanu ndi anayi, mayi agwilitse ntchito



Misopulosito pothangidwa ndi azachipatala.



NDONDOMEKO YA MMENE TINGATSATE POCHOTSA

MIMBA POGWILITSA NTCHITO MAKWALAWA



Mayi ayenera kumwa mapilisi okwana khumi ndi awiri (12) omwe amamwedwa katatu pa mapilisi anayi pakatha maola zitatu motsatizana.



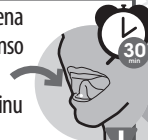
Tangani mapilisi anayi ikani mkamwa kungsi kwa lilime yembekezani mpaka mphindi makumi atatu azisungumuka inu muzimeza malovu.



Pakatha maola atatu ikaninso mapilisi ena anayi kungsi kwa lilime ndikudiila mphindi makumi atatu ndipo mapilisi azisungunuka ndi malovu a mkamwa inu muzimeza malovuwo.



Pakathanso maola atatu ikaninso mapilisi ena anayi kinsi kwa lilime awiri mbari ina awirinsu mbari ina yembekezani kwa mphindi makumi atatu mpaka onse atasungunuka inu muzikhala mukumeza malovu.



ZOTSATILA ZAKE MUKAMWA MAKHWALAWA



Kumaliseche kwanu kumayamba kutuluka magari owundana komanso ofewa osiyana ndi magari omwe amatuluka mukamapanga msambo wamwezi.



Kwa Amayi ochuluka mimba imachoka pakatha ma ola 24 atamwa makhwala



Mimba ikakhala ya masabata ochuluka magari ake amakhala oilmbans kwambiri.



Mukhoza kumwa panado kapena **ibuprofen** kuti ululu uthe nthupi



ZIZINDIKIRO ZAZIKULU ZIKULU



Mu maola makumi awiri ndi mphambu zinayi pamene wamwa Misopulosito mumaona zizindikilo zizi nseru, kusamza, kutsekula mmimba, kutentha kwa thupi, litsipa komanso chizungulire. Zizindikiro zimenezi ndizosaopya komanso zimatha pakapita nthawi yochepa.



ZIZINDIKIRO ZOTICHENJEZA



Kutaya magari ochuluka pamka kugwilitsa ntchito ma padi atatu pa ola limodzi kwa maola awiri kapene atatu



Kutentha thupi kopyola 38 kapena 39 gidiri popyola maola makumi awiri ndi mphambu zinayi



Kuphwanya kwa thupi kosaleka ngakhale mutamwa panadol patatha masiku ochepa chimwereni misopulosito



Fungo lonunkha komanso kutuluka mafinya ku maliseche kwanu

ZOMWE NDINGACHITE ULULU UKAMAPITILIRA



Kupita mwansanga kuchipatala kukakumana ndi dotokala

Pamene mwapita ku chipatala kafotokozeni kuti mwapita pachabe ndipo dotolo akakupatsani chithangato choyenera. Pamene mwachotsa mimba ndi makhwala a mifepristone ndi misoprostol sipakhala kusiyaniitsa ndikupita pachabe.

