



### ARURUMORU NKE OGWU A

Ime eji Mifepristone tinyere Misoprostol di ezigbo mma ma di ire iri itoolu na itoolu na iri itoolu na asato na okara n'oge, iji kwusi ime na-enweghi mkpa nke nlekota ahuike ozo n'ime izu iri mbu nke ime

### O BURU NA OGWU AHU AURUGHI ORU



Tegharja ime ahụ site na ijighachi mifepristone na misoprostol ma o bu site na inweta Manual Vacuum Aspiration (MVA).

E nwere obere ihe ize ndu nke mmeru nwa ma o buru na afo-ime ga n'ihu oge inuchara misoprostol.



### IWEPU IME M OGARA NKE OMA?

Ma o buru na nwanyi ahụ eche na o dighi ime ozo, o di mkpa iji hu na nwepu ime ahụ-gara nke oma. Nwanyi kwesiri ime ihe ultrasound mgbe o wepucharara ime ahụ ma o bu mee nyocha ime nwa mgbe izu uka atu ma o bu ano gachara o wepuru ime.



### MGBE O WEPUCHARA IME



Mgbe e wepuchara ime, nwanyi kwesiri itu anya obere obara ogbugba ruo e out izu uka na izu uka ato, ma nwanyi o bu la di ihe. N'ikeazu, nwanyi ahụ kwesiri l yocha hu na ime ahụ gara nke oma.



N dumodu a na e nye nwanyi bu ka ha ghara itinye ihe o bu la n'ime ikpu (tampons), l sa ahụ na mekorita nwoke na nwanyi ruo mgbe obara ogbugba kwesiri ihe dika abali abuo, mgbe l wepuchara ime ahụ.



### Nwanyi nwere ike l di ime ozugbo o wepuchara ime!

O buru na ochaghi l di ime ozugbo o wepuchara ime nwanyi nwere ike ibido ihe mgbochi ime iji gbochie ime ohuu o na a choghi.



### CONTACTS

Women Help Women  
WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)  
EMAIL: [INFO@WOMENHELP.ORG](mailto:info@womenhelp.org)

TWITTER: @WOMENHELPORG  
FACEBOOK: WOMENHELPWOMENINTERNATIONAL

MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).  
WEB: [WWW.MAMANETWORK.ORG](http://WWW.MAMANETWORK.ORG)

Trust for Indigenous Culture and Health (TICAH)  
WEB: [WWW.TICAEALTH.ORG](http://WWW.TICAEALTH.ORG)  
EMAIL: [LISTENING@TICAEALTH.ORG](mailto:LISTENING@TICAEALTH.ORG)  
TWITTER: @YOURAUNTYJANE  
FACEBOOK: AUNTY JANE HOTLINE



WEB: [WWW.GIWYN.ORG](http://WWW.GIWYN.ORG)  
FACEBOOK: [HTTPS://WWW.FACEBOOK.COM/GENERATIONINITIATIVEFORWOMENANDYOUTHNETWORK](https://www.facebook.com/generationinitiativeforwomenandyouthnetwork)  
TWITTER: @GIWYNIGERIA

IJI MIFEPRISTONE NA MISOPROSTOL E MEPU IME (USORO JIKOTARA HA)





### KEDU KA O SI ARU ORU

Okwu imepu ime ahụ na-eme ka usoro dịka ime ọpupu.



Mifepristone n'ekpochi projectaron na homon di mkpa iji nogide na-enwe ime o na-emekwa ka akpanwa nabatar Misoprostol.



Misoprostol na-akpalite ime n'akpanwa, nke na-ebute nchupu nke anu ahụ ime, mkpuchi na ọbara.

### KEDU MGBE A GA EJI YA WEPU IME N' UZO ZIRI EZI?



Dị ka o di na izu iri mbu mbu nke gestation na-aguta site na ubochi mbu nke njedebe oge ikpezazu nso nwanyi.



### KEDU KA E SI ANU YA IJI MEE KA E WEPU IME N' UZO ZIRI EZI?



Nwanyị ga-achọ otu Mifepristone mbadamba (200 mg) tinyere 4 Misoprostol mbadamba (200 mcg o bula)



**Mifepristone a**  
Kwesiri ijiriri iko mmiri lo ya

Mgbe awa iri abuo na anọ gasiri, nwanyi ga etinye mkpuru-ogwu ano nke Misoprostol n' agba nti ya abuo



n'etiti agba nti ya abuo, abuo n'aka ekpe na abuo na n'akuku aka nri.

**A ghaghi ihapu mkpuru ogwu anọ niile ahu n'ime onu** maka ihe dika nkeji iri ato iji gbazaa.



### IHE MMETUTA NWERE IKE IME

N'ime awa iri abuo na anọ, ihe mgbaàmà ndi a nwere ike ime:

Azuzu na ukwara, ikpoakpo, afo-osisa, ahu-oku n' abughi amuma- oyi, isi-owuwa ma o bu anya-aju. Ihe nziputa ndia adighi njo o ga akwusi n' imi awa ole n'ole



### IHE A GA-ATU ANYA YA MGBE A ANURU OGWU AHU?

Mgbachi na ọbara ogbugba di ike karia ihe na-eme n'oge nsọ

N'ihe ruru pasent iri n'ime ndi mere ya, ọpupu nke afo ime na-eme n'oge awa iri abuo mbu.

Ogologo oge nwanyi di ime, ka mgbachi na ọbara ike-ogbugba n' abawanye.



Ọ nwere ike iji **ibuprofen** ma o bu **panadol** mee ka ihe mgbu kwusi.



### KEDU IHE I GA EJI AMA NA NSOGBU DI (NSOGBU)?



Ọbara igbafefe oke ( ruo abuo ma o bu ato akwa mgbochi juputakwara n' ọbara kwa-elekere n' ihe kariri okara abuo ma o bu ato n' awa n' ahiri)

Oke ahu oku (ihi kariri iri ato na itolu Celsius), ma o bu iri ato na asato Celsius maka ihe kariri awa iri abuo na anọ

Ihe mgbu di egwu nke mkpuru-okwu ihe mgbu n' adighi agwusi mgbe ubochi ole na ole gafere inu chara ya bu ogwu.

Isi ojoo puru-iche n' esi n' ikpu aputa.

### IHE I GA-EME MA O BURU NA I NEW NSOGBU?



**Gaa na ulo oru ahuike ozugbo.**

Enwe ihe mberede ahuike, o bu oru ndi ahuike ilebara onye ahu anya n' oge. Ogwugwo maka nsogbu a bu otu ihe ahuike maka nsogbu mgbe ime puru n' ike. A dighi enwe ike ihu ndiiche di n'etiti ime ọpupu na ite ime na mifepristone na misoprostol. Nwanyi nke chorọ enyemaka ndi ahuike nwere ike isi na o nwere ime ọpupu n'ike.

