



OBUKAKAFU KU DDAGALA LINO

Okujjama olubuto nga okozesa Mifepristone ne Misoprostol, yengeri esinga obulungi era eyakakasibwa obutaba nabulabe bwonna kubulamu bwomukyala (ebitundu 95-98 ku buli 100) singa likozesebwa mu wiiki 10 ezisoka nga ofunye olubuto.

SINGA EDDAGALA LINO LIBA TELIKUYAMBYE



Ddamu doozi yonna oba laba omusawo omukugu akuyambe nga akozesa kyebayita Manual Vacuum Aspiration (MVA).

Bwoba osazeewo okugenda mu maaso nolubuto lwo, eddagala lino teririna bulabe bungu bwelituusa ku mwana wo mulubuto.



EKIGENDERERWA KYANGE (EKYOKUJJAMU OLUBUTO) KYATUUKIZZIDWA?

Wadde nga omukyala awulira nga takyalina lubuto, kyabuvunanyi-zibwa okukakasiza ddala nti olubuto luviliddemu dala. Omukyala ateedwa okugenda mu ka tivi okeberewa oba okayalina olubuto oluvanyuma lwa wiiki 3-4 okujjama olubuto



OLUVANYUMA LWOKUJJAMU OLUBUTO



Oluvanyuma lwokujjama olubuto, omukyaala asuubira okuvamu olusaayisaayi okumala wiki 1-3, naye nga abakyaala bwebali abenjawulo, oina okukakasiza ddala nti olubuto lwavudemu.



Omukyala talina kuyisa kintu kyonna mubukyala bwe oba okwegatta namusajja, okwesonsekayo tampons okutuusa nga omusaayi gukendedde, waakiri okumala ennaku nga 2.



Omukyala asobola okufuna olubuto mubwangu ddala nga yakajjama olubuto omukyala nga tayagala kufuna mangu lubuto, asobola okukozesa enkola eyomulembe eyekizaala ggumba okewala okufuna olubuto lwatetegekede.



CONTACTS

Women Help Women
WEB: [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)
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MAMA Network: Mobilizing Activists around Medical Abortion (MAMA).
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OKUJJAMU OLUBUTO
NGA OKOZESSA AMAKELENDWA
NGA GAGATIDWA
WAMU MIFEPRI
STONE
WAMU NE MISOPROSTOL





LIKOLA LITYA?

Okujamu olubuto nga okozesa amakereda kireta ebeera eyefanyiriza nga omukyala aba avuddemu obuvi olubuto



MIFEPRISTONE MISOPROSTONE
Amakerenda gebayita Mifepristone gaziyiza obusiimu wwebayita progesterone obulabirira olubuto lwomwana ela buletera nabaana okukiriganya ne ndagala Misoprostol.



Amekekerenda gebayita Misoprostol galeetera omukyala ebisa ekivirako nabaana okwenyiga ekivirako olubuto okuvamu ngo obutale bwomusayi.

DI LWELIKOZESEBWA OKUJAMU OLUBUTO?



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wiki

Likozesebwa mu wiki kumi ezolubuto ezisooka okuva omukyala lweyasembayo okugenda munsonga zekikyala.



LIKOZESEBWA LITYA OKUJAMU OLUBUTO?



Omukyala yetaaga empeke 1 eya Mifepristone(200mg) nempeke 4 eza Misoprostol(200mcg buli emu).



Empeke ya Mifepristone elina kumiribwa na gilaasi yamazzi.

Oluvanyuma lwe ssaawa 24, omukyala alina okabafika empeke 4 eza Misoprostol wansi wolulimi.



Ateeka empeke bbiri bbiri buli ludda wakati wekibuno nolubba

Empeke zonna nnya azibatikidwa oyiina okuzileka mumatama okumala eddakiika 30 zisobole okumuluguka



EMBEERA GYOYINZA OKUFUNA NGA SIYA BULIJO

Mu ssaawa 24 ezisooka, oyinza okulaba obubone-ro bunno wammanga: Okusindikiriwa emmeeme, okusesema, okuddukana, omusujja gwekitengo oba ogutali gwakitengo, okulumwa omutwe nekamunguluze. Naye obubonero bunno tebweralikiza era sibwabalube era nga bugwaawo mu ssaawa ntono.



BIKI BYOSUBILA OKUYITAMU OLUVANYUMA LWOKOZESA EDDAGALA LINO?

Ebutore bwomusayi nokuvaamu omusaayi mu bukyala okusinga ku gwomukyala agenze munsonga ze'ekikyala.

Ebitundu 90 ku buli 100 abakyala abakozesa eddagala lino, olubuto luvaamu mussaawa 24.

Ebbanga omukyala lyamala n'olubuto n'obungi bwobutore bwomusayi, era n'obungi bwomusaayi ogumuvamu.



Omukyala asobola okumira ku **Ibuprofen oba panadol** okukendeza ku bulumi



OBUBONERO OBULAGA SINGA WALIWO OBULABE?



Okuvaamu omusaayi omungi mu bukyala nga okyuusa ebwero emirundi 2-3 ebijude buli saawa okusukka essaawa 2 oba 3 ezomudilinganwa.



Omusujja oguliwangulu wa digulu 39 Celsius oba 38 Celsius okusuka essaawa 24



Obulumi obutakendeera mu naku ntono oluvanyuma lwokozesa eddagala elikakanya obulumi oluvanyuma lwe naku nga okozeseza edagala.



Okuva amazzi mubukyala agatali ga buliijo ate nga gawunya bubi

OLINA KOLA OTYA SINGA OFUNA EMBEERA NGA SIYA BULIJO?



Dduka mangu mu ddwaliro

Singa wabaawo obuzibu bwonna, omusawo mu ddwaliro alina obuvunanyizibwa okukuwa obujajabi mu bwangu ddala nga bwekisoboka. Obujajabi obulina okukuwebwa bufananira ddala obwo obuwebwa omukyala avudeemu olubuto. Kizibu okwawula olubuto lwogyemu ne Misoprostol oba Mifepristone noluvuddemu lwokka. Omukyala eyetaga obujajabi asobola ogamba nti olubutulufudemu lwoka.

